

## **Glossary of Terminology and Abbreviations**

## **Appendix 5**

<b>Term</b>	<b>Description</b>
ACU's	An abbreviation for the Augmented Care Units. This refers to the beds commissioned by Health & Social Care Moray at Varis Court supported by a 24/7 Nursing Team.
AHP's	This is an abbreviation for 'Allied Health Professionals.' This is the collective term that covers Occupational Therapists, Podiatrists, Speech and Language Therapists, Physiotherapists.
Burtzog	Refers to the Dutch term for 'neighbourhood care' and focus on support for the holistic health and wellbeing needs of the patient
Commissioning	An approach to identifying a need and then securing a service. This can be in relation to the procurement of an internal or external service.
FAWN	Forres Area Wellness Network.
FNCT	An abbreviation for the Forres Neighbourhood Care Team. This is the Nursing Team that is based at Varis Court
ICT	Stands for Information Communication Technology.
IJB	Abbreviation for the Integration Joint Board. This is the high level governance group that determines the strategy and budget for H&SCM.
Informal Carer	Refers to the unpaid role of someone who supports and cares for someone who is in poor health or has a learning disability. This is often a close family member.
Transformational Change	This refers to an initiative that reflects a completely new way of delivering a service. It contrasts to incremental change which is focused on smaller scale changes or improvements.
H&SCM	Abbreviation for Health & Social Care Moray. This is the organisation that brings together NHS Grampian and Moray Council Community Care Services in terms of the delivery of integrated health and social care services for adults in the local area.
MDT	An abbreviation for Multi-Disciplinary Team. Refers to a group of different health and social care professionals working towards a common goal.
Palliative	Refers to the process of dying. This can however be over a long period of time, sometimes years.
Personal Outcomes	Refers to the impact and difference a health and/or social care intervention has on an individual's life.
Re-ablement	Refers to a short term health and social care intervention (usually no more than 6 weeks) that aims to increase an individual's independence through re-learning skills of daily living.
Respite	This refers to support for an informal carer which provides a break from their caring role. This sometimes means that the cared for person is looked after by a third party.
The Forres Locality Professional Core Group	This refers to the group who have created this plan. See Appendix 1 for a list of the members of health, social care and community representatives.