Health and Social Care Moray

Primary Care Improvement Plan Update

2019-2020



HEALTH & SOCIAL CARE MORAY

- PRIMARY CARE IMPROVEMENT PLAN UPDATE 2019/20

1. Introduction

The Moray Primary Care Improvement Plan sets out the intentions of Health & Social Care Moray around the modernisation of primary and community care in Moray. The plan details how we aim, as an Integration Joint Board and NHS Board, to deliver the implementation of the 2018 General Medical Services (GMS) contract.

The initial implementation requirements are set out in the MoU for the first three years (April 2018 – March 2021). The Moray Integration Joint Board (MIJB) is responsible for the strategic planning of health and social care services for the Moray population including Primary Care services.

These services, as outlined in the MoU, as 6 priority areas are:

- Vaccination Transformation Programme
- Pharmacotherapy services
- Community Treatment and Care Services
- Urgent Care (advanced practitioners)
- Additional Professional roles
- Link Workers

The Moray Primary Care Improvement Plan will function as a framework that sets out a desirable vision on how these services will be delivered in General Practice and Primary Care whilst operating within the wider health and care system.

2. Purpose

In Year 2 we plan to build on previous progress and scale up existing models of delivery to provide Moray wide services.

Minor variations may occur as a result of recruitment, the ability to attract staff and where skills mix yet to be determined.

3. Summary of Progress in 2018-19

3.1 Organisational and Governance Arrangements

The Health & Social Care Moray PCIP described the high-level actions and initial proposals for service delivery models for each of the 6 priority areas agreed nationally.

Over the last year multi-disciplinary short-life working groups (SLWG) have been developed to lead on each priority area, linking with NHS Grampian and national groups (see appendix 1). These SLWG's have collated information around existing workload, current skill mix, any skill gaps and potential models of delivery. This has produced options appraisal proposals on the future models of delivery.

Health & Social Care Moray Senior Management Team, comprising clinical, managerial, and professional leads, has provided governance and accountability with respect to decision-making and allocation of resource aligned to the PCIP. The HSC Moray has engaged with and updated the Integration Joint Board and GP Sub Committee as implementation has progressed.

The PCIP group has always and continues to have representation from GP Clinical Lead and GP Practice Managers. This working relationship is enhanced through a variety of methods including practice visits, update events and involvement in development workshops for key priority projects. Moray has GP Practice Manager Representatives on each PCIP work stream.

Through Moray GPs and GP Practice Manager Group the PCIP group has received assurances that information is circulated to all practice staff. Regular monthly newsletters to GP practices have been produced by the PCIP Core Group.

Workshops have taken place on MSK, Mental Health/Action 15 and further workshops are planned for the remaining priorities. A Moray testing Quality Improvement event is scheduled in Moray for June 2019 and this will focus on Care and Treatment Services.

Moray Cluster are working towards the quality agenda and has strong links with Moray Alliance working towards a whole system approach. The PCIP group also contributes to Locality Planning Groups and to public engagement sessions to develop significant dialogue with all our stakeholders as we develop our plans and services.

3.2 Learning from Year 1

Considerable progress has been made during 2018-19 to deliver key objectives of Health & Social Care Moray's PCIP, allowing for flexibility whilst ensuring adherence to the core aims and principles of the new contract. A key challenge has been to develop a model which is responsive to the significant variation across our 13 GP Practices in terms of size, population need/demographics, local systems and practice.

In Moray we are engaged with practices to prioritise projects and initiatives.

Our approach has sought to build on the many strengths within primary care in Health & Social Care Moray whilst being aware of potential risks, recognising the existing good outcomes for patients, and the need to ensure that outcomes must be maintained or improved through delivery of new services.

Health & Social Care Moray has also sought to maintain a whole system approach rather than the development of isolated services. This includes maintaining and further developing the well-established relationships and arrangements within our existing multiple disciplinary teams.

Table 1: Membership agreed for Implementation Short Life Working Groups

Urgent Care Implementation Group	Pharmacotherapy Service Implementation Group	Nurse Service Implementation Group	MDT Implementation Group	Vaccinations	Action 15
Lead : GP Practice Managers and Primary Care Lead	Lead: Pharmacy Professional Lead	Lead: Associate Nurse Director, Practice Nursing/Lead nurse Moray	Lead: Clinical Lead & Physiotherapy Lead Moray	Lead: Primary Care Lead in conjunction with Vaccination Transformation Programme Board	Lead: Mental Health Service Manager
Currently in Development	 Pharmacy Professional Lead Practice Pharmacist Practice Pharmacy Technician General Practitioner Practice Manager 	 Clinical Lead x 2 Head of Service Primary Care lead GP Practice managers x 2/3 AHP Lead Associate Nurse Director, Practice Nursing/Lead nurse Moray Finance Manager 	 Clinical Lead x 2 Head of Service Primary Care lead GP Practice managers x 2/3 AHP Lead Associate Nurse Director, Practice Nursing/Lead nurse Moray Finance Manager Physiotherapy Lead Moray 	 GP Practice Managers Group representative Public Health Lead Children's Services Lead VTP representative Associate Nurse Director, Practice Nursing/Lead nurse Moray HSCP Medicines Lead 	 Clinical Lead x 2 Head of Service Primary Care lead GP Practice managers x 2/3 AHP Lead Associate Nurse Director, Practice Nursing/Lead nurse Finance Manager

Table 2: Health & Social Care Moray Primary Care Implementation Plan Review and Forward Planner

Original PCIP Plan	18/19 Update	19/20 Planned	20/21 Planned activity	Resource (F	inance & Po	eople)			
		Activity							
Phased delivery of vaccination programmes by MDTs in line with NHS Grampian's Immunisation Transformation Group including:	Awaiting full business case with associated financial commitment from Vaccination transformation Programme Board. SLWG set up to develop the agreed Moray model of delivery with links to CTAC	Pregnant women and high risk neonatal BCG Development of initial vaccination programmes under a new model in Year 2 will include travel	t women and neonatal BCG development of initial vaccination programmes under a new model and will include travel vaccinations.	development of initial vaccination programmes under a del in Year 2 will development of initial vaccination programmes under a new model and will include travel vaccinations.	development of initial vaccination programmes under a new model and will include travel vaccinations. 18/19 19/20 20/2 5pend 18/19 19/20 20/2 60 No. of Employees / FTE				21/22 £149K 21/22
Pre-school vaccinations – develop and cost Moray model. Influenza programme- Process, cost and provision of adequate resource to be developed by HSCM. At risk groups (e.g. shingles,	delivery with links to CTAC team vaccinations (to be confirmed - national), pregnant women and high risk neonatal BCG. ldentify current workload on practices.	new model in Year 2 will include travel vaccinations (to be confirmed - national), pregnant women and high risk neonatal BCG. Identify current workload on practices. Shingles, Pneumococcal could be carried out in care and treatment	Travel vaccinations – assess current services and develop criteria for assessment of minimum requirements for safe and effective delivery of potential options Flu immunisations – all routine vaccinations via vaccination programme will transfer from practices.	Analytical w	ork ongoing o. of Employe work ongoir potential mi	es / FTE of t	ce still to be		
pneumococcal)- Design proposed workforce models to share with services	Moray. Pregnancy flu will be taken on by the midwives in October 2019.		Future model of delivery will aim to improve on existing uptake in order to achieve target of an 97% uptake across Moray						

General Comments	Issues experienced	Risks going forward	Additional narrative on costing of full MOU
			<u>delivery</u>
Local solution to	Hitches in getting business	Financial - still uncertain	
vaccination delivery	cases agreed through		Figures are indicative at this stage and may
are being sought	assorted governance	Infrastructure	change as plans continue to develop
	structures		
		Workforce still to be determined, potential mixed	Workforce still to be determined, potential
		model of delivery with CTAC services.	mixed model of delivery with CTAC services
		Implementing change without destabilising or	
		diminishing quality of service delivery across Moray	
		and with remote/rural practices	
		Information Technology	
		information recimology	

MOU 2 - Pharr	nacotherapy Services						
Original PCIP Plan	18/19 Update	19/20 Planned	20/21 Planned	Resource (Fir	nance & I	People)	
		Activity	Activity				
During Year 1 an	Implementation group	Test the staffing level	Year 3 will see all	Allocations ma	ade in las	t plan	
Implementation	established, TOR agreed and	assumptions and	practices benefiting	18/19	19/20	20/21	21/22
Group (with Lead	governance arrangements in	produce standard	HSCM		£437K	£560K	£765K
appointed) will be	place.	service processes and	pharmacotherapy	Spend			
established to		procedures.	service delivering core	18/19	19/20	20/21	21/22
develop a project	All practices have received		elements in level one	£91, 065.			
framework	additional pharmacy input from	All medicines	Pharmacy Technicians	No. of Employ	ees / FTE		
(including terms of	PCIP funding to support	reconciliations from	will increasingly take	Year	<u> </u>		
reference) and	implementation of level 1 services	hospital discharge will	on prescribing support.	18/19	0.8 WTE	Pharmacist	Band 8A
governance		be completed by the		,		Pharmacist	
arrangements.	To continue progressing medicines	pharmacist or	Training programme to			Pharmacy To	
	reconciliation, the standardisation	pharmacist technician	support practice admin		Band 5	,	
The	of prescription management and	and by the end of	in the facilitation of	19/20	9.0 WT	E Pharmacist	Band 7/8
Pharmacotherapy	authorisation processes to ensure	year two, more	non clinical medication	(Anticipated)			chnician Band
Implementation	these are in place by end of	medicine	reviews to be fully	, ,	5	,	
Group will focus on	219/20.	reconciliations for all	implemented by Year3				
meeting this		practices will be		Potential Cost	of full MC	OU delivery	
objective in order	Pre-PCIP pharmacy staff continues	completed by the	Evaluation to be			•	d may change
that existing service	to undertake some level 2 and	pharmacotherapy	undertaken on staffing	as plans contir		•	, 6
provision and	level 3 activities in some practices.	team	levels to define the	Potential No. o			ull MOU
improvements	The majority of practices have		Pharmacotherapy	delivery			
continue and	medication review activity being	Year 2 will see the	Service model for	WTE/Skill mix	to be agre	eed	
transition can be	undertaken by pharmacy staff	development of a	Moray.				
managed safely and	with fewer practices receiving	training programme					
effectively.	specialist clinic input.	to support the					
		practice admin					
Further delivery of	New staff are in post and have	team(s) in the					
level one core	been deployed such that all	facilitation of non					
elements of service	practices in Moray have	clinical medication					
outlined in the	benefitted from increased	reviews alongside					
contract across all	pharmacy input.	Pharmacy teams.					
practices.							

Maximise the use of the Pharmacy First, Minor Ailments, Chronic Medication and other local services provided through Community Pharmacies.			
	1		
General Comments	Issues experienced	Risks going forward	Additional narrative on costing of full MOU
Figures are indicative at this	Availability of data to	Financial - still uncertain	delivery
stage and may change as plans	inform accurate	Tillancial - Still uncertain	The ambition - practices will receive up to an
continue to develop.	capacity planning from	Workforce availability	average of 5 pharmacist sessions per 10,000
	infrastructure/premises	,	patients, and two pharmacy technician session per
Pharmacy Technicians will	to staffing levels and	Workforce development capacity	10,000 patients by the end of year 2
increasingly take on	the procurement of		
prescribing support, formulary	treatment service	Implementing change without destabilising or	By April 2021, all practices will benefit with
adherence and prescribing	consumables due to	diminishing quality of service delivery across	pharmacotherapy services delivering the core
improvement projects.	the many systems in	Moray and with remote/rural practices	elements in level one and some will also continue
Integrated model with	operation.	Management capacity	to benefit from a service which already provides additional elements in level 2 and level 3
Integrated model with polypharmacy support	Loosing staff to other	ivianagement capacity	additional elements in level 2 and level 3
activities and	partnerships which is	Pharmacotherapy team capacity	This model (including the appropriate skill mix) to
pharmacotherapy.	impacting on Moray	The manufacture approved	be working up in more detail, however based on
priarriage therapy.	services	Incomplete or partial implementation of	60/40 pharmacist/technician split and a 65/35
It will take time to train and		Pharmacotherapy service may have impact on	band 7/Band 8A split for pharmacists, this would
develop new members of the		other services	equate to an additional:
pharmacotherapy team.			9.0 WTE Pharmacist Band 7/8
		Resistance to change	6.0 WTE Pharmacy technician Band 5
		Serial prescribing	Further consideration still needs to be given to the following:
		Impact on current Level 2 & 3 services possible	Management time (team size will increase

			considerably)
	Infrastructure	•	Time for experienced staff to tutor and mentor
	Cinging and animalian		new/ less experienced staff
	Signing prescriptions		
	Destabilisation of community/hospital		
	pharmacy teams through staff movement		
	, ,		

MOU 3 – Community Treatment and Care Services

Locality Diagnostic Hubs / Phlebotomy / Integrated Community Health & Care Hubs
Community Treatment and Care Services: a service in every area by 2021, starting with phlebotomy

Original PCIP Plan	18/19 Update	19/20 Planned	20/21 Planned	Resource (Finance & People)			
		Activity	Activity				
Primary Care Nursing	Options appraisal carried	Phlebotomy- New	Scale up to Moray wide	Allocations			
Services Implementation	out in collaboration with	service to be		18/19	19/20	20/21	21/22
Group to carry out full	the Moray PM's group.	implemented in line	By April 2021, these		£128k	£463k	£665k
survey of existing funded		with DGH	services will be	Spend			
establishment and	Preferred option would		commissioned by Health	18/19	19/20	20/21	21/22
understand service	be for services remain in	Management of minor	& Social Care Moray.	£0			
demand and	GP Practice setting with	injuries and dressings		No. of Employe	ees / FTE		
requirements.	consideration given to rural practices attached	Ear syringing Suture removal		Year			
Assessment of Community	to a Community Hospital	Chronic disease		18/19	5.0 WTE I	pand 5	
Care and Treatment	where treatment room	monitoring.		•	2.0 WTE I	oand 3	
	services could be	monitoring.			2.0 WTE I	Band 4	
Centres to deliver	delivered in the	Outputs from scoping		19/20	17.0 WTE	Band 5	
vaccination programmes	Community Hospital.	exercise used to		(anticipated)	6.0 WTE I	oand 2	
through MDTs.	, .	develop an			4.0 WTE I	oand 4	
	A phased approach is	implementation plan		Potential costs	of full MO	U delivery	
Phlebotomy- The	being explored with						
development of a new	Phase 1 band 3 HCA,	Self-management -		Figures are indi		•	may change
model for phlebotomy	phlebotomy, ECGs etc.	Year 2 aims to		as plans contin		•	
services will be planned as	Phase 2 band 5 treatment	continue raising		Potential No of	femployee	s/FTE of Full	MOU
a priority in year 1.	room, chronic disease	awareness of the		Delivery			
Dro Hospital phlobotomy	monitoring, dressings etc.	House of Care model,		Figures are indi		•	
Pre Hospital phlebotomy requires discussion with		with a view to		increase when			oeen
DGH/Alliance	Recruitment and co-	increasing the number		agreed. Investi	igative wor	к ongoing.	
DOI I Alliance	ordinated operational	of practices adopting					
	management would be	the House of Care					

Management of minor	closely aligned with the	model across Moray.		
injuries and dressings, Ear	GP practice to ensure	•		
syringing, travel clinics,	services continue to be			
Suture removal,	delivered without			
Chronic disease	interruption or			
monitoring-	diminishing of quality of service delivery.			
Work will be undertaken in	service delivery.			
Year 1 to understand the	Work ongoing to collate			
current workloads and	information on current			
demand for these services.	activity, existing			
	provision, operational			
Explore options for the roll	costs including			
out of other community care and treatment	infrastructure and			
services.	consumables, skill mix			
Services.	and skill gaps.			
Elective care - Link with	Scoping work on going to			
NHS Grampian's Elective	determine/ascertain how			
Care Project and develops	these services will be			
a business case for	progressed and			
implementation.	transferred from GPs.			
Self-management - Further				
development and				
evaluation of House of				
Care model.				
		1		
General Comments	<u>Issues experienced</u>	Risks going forw	<u>rard</u>	Additional narrative on costing of full MOU
There are a copious	Availability of data to inform	n Financial		<u>delivery</u>
number of opportunities	accurate capacity planning f			Figures are indicative at this stage.
that could be progressed	infrastructure/premises to		itment and retention	Working closely with Moray GP Practice Managers
to address these	staffing levels and the			group to obtain necessary information to progress
	_			Or a sign to a state in the state of the sta

requirements and by doing	procurement of treatment service	Workforce still to be determined,	model.
this, would prepare HSC	consumables due to the many	potential mixed model of delivery with CTAC services.	GP Practices currently employ the following PNs &
Moray for the future operational and patient	systems in operation.	CTAC services.	ANPs across Moray:
prerequisites.		Implementing change without destabilising or diminishing quality of service delivery across Moray and with remote/rural practices Infrastructure	 2.1 WTE Band 2; 11.15 WTE Band 3; 12.1 WTE Band 5; 13.45 WTE Band 6; 2 WTE Band 7;
		Information Technology	2.6 WTE Band 8 and14.2 WTE ANPs.
			Potential to increase when future model/ service design has been agreed and progressed.

MOU 4 – Urgent Care Services A sustainable advanced practitioner service for urgent unscheduled care as part of the practice based on local needs and service design											
Original PCIP Plan	18/19 Update	19/20 Planned Activity	20/21 Planned Activity	Resource (Fina							
Advanced practitioner resource to assess and treat	Work ongoing with MDT implementation group	home visits (including care homes) - During Year 2 work will continue to develop a model with paramedics and ANPs The Year 2 will build on the learning from the Advanced Clinical Academy which was taken forward as part of the Future Proofing of the Multi-Professional Workforce for Primary Care through the Primary Care Transformation Fund. Links with Custody suite to be progressed, monitored and	Scale up to Moray wide	Allocations ma	de in last pl	an					
urgent or unscheduled care presentations and home visits within an agreed local model. Link to MDT Implementation	to gain understanding of existing workload and skill mix. Exploring options for a test of change in East		ting workload ill mix. Year 2 work will continue to develop a model with paramedics and ANPs Test localities with esource learning from the Advanced Clinical Academy which was taken forward as part of the Future Proofing of the Multi-Professional Workforce for Primary Care through the Primary Care through the Primary Care Transformation The will join PCIP in will join PCIP mplementation Year 2 work will continue to develop a model with paramedics and ANPs Year 2 will build on the learning from the Advanced Clinical Academy which was taken forward as part of the Future Proofing of the Multi-Professional Workforce for Primary Care through the Primary Care Transformation Fund. Links with Custody suite to be progressed, monitored and	Year 2 work will continue to develop a model with paramedics and ANPs Year 2 will build on the learning from the Advanced Clinical	Year 2 work will continue to develop a model with paramedics and ANPs H Year 2 will build on the learning from the Advanced Clinical Academy which	Commitment to recruit 10 Band 7 Advanced Practitioners by 20/21, potentially working	18/19 Spend 18/19 £86,558	19/20 £263K 19/20	20/21 £508K 20/21	21/22 £655K 21/22	
group to establish standardised pathways for AP resource to assess and treat urgent or unscheduled	and West localities with ANP resource responding to urgent care and providing					localities with vear 2 will build on the learning from the Advanced Clinical Academy which	1:10,000.	Year 18/19 19/20	2.0 WTE band 7 1.0 WTE band 6 13. 0 WTE Band 7		
Review IT infrastructure to maximise redirection pathways.	re to Early discussions have Proofi taken place with local SAS representative to for Pr				(anticipated) Potential costs Figures are indias plans continuo	of full MOU	J delivery	may change			
Reduce GP delivered home visits (including care homes) - Review existing home visit activity, demography, ANP involvement and practice protocols, learning from good practice.	specialist paramedics to respond to unscheduled care presentations. SAS rep will join PCIP MDT implementation group.			Fund. Links with Custody suite to be progressed, monitored and	Fund. Links with Custody suite to be progressed,	Fund. Links with Custody suite to be progressed, monitored and	Fund. Links with Custody suite to be progressed, monitored and	duled Fund. Links with Custody suite to be progressed, monitored and		Potential No of Delivery Figures are indias plans continuo	cative at th
Link to MDT Implementation group to enable continuing development of community nursing and engagement of	SLWG to be established, TOR and governance arrangements to be agreed – Group will look	clarified as work progresses. Learning to be captured and progressed from									

ANP for care home visits.	at how this will be progressed within	the Maryhill Test of change/joint working with SAS.		
Advanced Care Academy - In Year 1 we will continue to	Moray.	WILLI SAS.		
develop our nursing				
workforce in line with the				
Advanced Clinical Academy				
· ·				
Scope existing staff in post				
to establish existing skill mix				
and educational				
requirements. Explore				
development opportunities				
with a focus on potential				
training practices in				
conjunction with the				
Advanced Care Academy.				

General Comments	Issues experienced:		Risks going forwa	<u>rd</u>	Additional narrative on costing of full MOU
Additional work will be					delivery
undertaken with the nursing	ability to recruit staff with	all	Workforce availal	bility	
services across our	the skill required				Skill mix to be agreed. Current based on
communities to understand			Workforce develo	opment capacity	ANP/Advanced paramedics.
current service models,			_		
·			Infrastructure		
existing skill mix.			Financial - still ur	ncertain	
staffing numbers and existing skill mix.			Financial - still ur	ncertain	

MOU 5 – Additio	onal Professional Ro	oles						
MSK First Contact Practitioner (FCP)								
Original PCIP Plan	18/19 Update	19/20 Planned Activity	20/21 Planned Activity	Resource (Fina	nce & Peopl	e)		
Physiotherapists work	SLWG set up to develop	A phased approach will	Scale up to Moray wide	Allocations ma	de in last pla	an		
collaboratively with	Moray Model.	be taken over 12 months	of the overall MK service	18/19	19/20	20/21	21/22	
primary care multi-		to introduce a front door	to ensure fully		£510k	£845K	£913k	
disciplinary teams and	Options appraisal and	MSK triage process	streamlined pathways for	Spend		1 -		
develop a model to	Business case concluded.	linked to the wider MSK Pathway.	patients with additional	18/19	19/20	20/21	21/22	
embed a MSK service		Patriway.	physiotherapist capacity	£12,743	/			
in practice teams.	Recruited First Contact	To progress with	per locality.	No. of Employe	ees / FIE			
F	Practitioner(s) to take an	recruitment, model	,	Year				
Understand existing	operational lead	development,		18/19		a MSK First C	ontact	
MSK service and		operationalization,			Practitione			
drawn on lessons	Current evidence	evaluation and			2,0 Band 5 2.0 Band 6 Primary Care Mer		Montal	
learnt from other	demonstrates that	improvement. Which			Health Development Workers			
areas where test of	musculoskeletal (MSK)	will produce a reduction				mix to be det		
	health issues are the most	current GP workload;		19/20	2 WTE bar			
change has been	common cause of repeat GP appointments and	provide fast and direct		(anticipated)	2 WTE band 7* skill mix to be			
undertaken i.e.	account for 20-30% of	access for patients with MSK problems to expert			agreed			
Ayrshire and Arran.	demand in general	physiotherapy			_	d 6* skill mix	to he	
	practice.	assessment, diagnosis,			agreed	a o skiii iiiix	10 50	
To complete an	•	advice and management.			6 WTE ban	d 5		
options appraisal to				Potential costs				
identify all possible		Explore impact of the						
models for Moray		preferred Moray model		Figures are indi		•	ay cnange	
		on other aspects of		·		<u> </u>		
Job descriptions, recruitment options		managing this patient cohort e.g. reduced		Potential No of Delivery	r employees	FTE of Full N	100	
to be developed.		demand for diagnostics, prescribing.		Figures are indias plans contin		_	ay change	

		time to up appropriat may wish t these roles become av	e staff who o take up		
General Comments Recruitment is a challenge within	Small scale testing reduced in impact of approach/pathway			ruitment and retention	Additional narrative on costing of full MOU delivery Figures are indicative at this stage and may change
Moray and the flexibility to recruit is likely to be beneficial in the long term. Ayrshire & Arran year	whole system.		advanced skills Implementing destabilising of	king the necessary change without r diminishing quality of y across Moray and with	as plans continue to develop. Scaling up to become a Moray-wide service over four years with additional physiotherapist capacity per locality.
one report advised only 1.32% of case required GP input – directly saving 3900 GP appointment.			remote/rural p	demand data to inform	
The preferred Moray model is to be undertaken initially			service provision development	existing MSK physiotherapy on and pathway	
within two identified areas – one in the east and one in the west of Moray.			Moray model r GP workload a	roduction to the preferred may have limited impact on cross Moray though the will lessen as project scales	

Original PCIP Plan	18/19 Update	19/20 Planned Activity	20/21 Planned Activity
Mental Health Development Vorkers for children and oung people: develop the niversal workforce for hildren and young people with Tier 1 & 2 presentations. In Moray, Mental Health Development Workers and EAMHS have no direct involvement at Tier 1, but emain committed to building apacity and confidence within universal services via raining, professional evelopment support and onsultation, this includes eneral practice teams	2 WTE Mental Health Development Workers recruited	Strategic level multi-agency group, led by the Chief Social Worker, has recently been established and project initiation document is in place (PID) with the aim to reduce the escalation of referrals to CAMHS and establish an integrated service that achieves better personal outcomes for children and young people in need of Tier 1 and 2 supports in Moray. To review and evaluate impact.	

General Comments	Issues experienced	Risks going forward	Additional narrative on costing of full MOU delivery
Tier 1: Children and young			Figures are indicative at this stage and may change as plans
people who are experiencing			continue to develop.
difficulties that could be			
related to their mental health			
are first identified within Tier			
1 services. Practitioners are			
able to identify and offer			
general advice and treatment			
for less severe problems.			
Tier 2: When concerns			
continue a `My World`			
Assessment is undertaken,			
need/risk is analysed and			
detailed within a Child`s Plan.			
Offer consultations to families			
and other practitioners in Tier			
1 and identify severe or			
complex needs requiring			
more specialist intervention,			
assessment (which may lead			
to treatment at a different			
tier).			
In Moray, CAMHS is			
committed to supervision,			
consultation and shared			
learning for Mental Health			
Development Workers and			
Development workers and			

D	R	Α	F٦	ı

Tier 2 staff in Moray.		

Action 15:

Objective: Scottish Government Mental Health Strategy 2017-2027 - Increase the workforce to give access to dedicated mental health professionals to all A&Es, all GP practices, every police station custody suite, and to our prisons.

A&Es, all GP practices,	every police station custody	suite, and to our prisons.					
Original PCIP Plan	18/19 Update	19/20 Planned Activity	20/21 Planned Activity	Resource (Finance & People)			
Workforce education – mental health first aid delivery to GP frontline staff. Adult Mental Health: Implement Distress Brief Intervention Service from October 2018. Older Adult Mental	Service to be up and running from April 2019 (slight delay until May 2019). Service in place in 2 GP practices	Adult Mental Health: Fully staff Distress Brief Intervention Service Maximise digitally enabled support to reduce GP attendance See additional professions roles below re Primary Care ments health coordinators to be	additional professional roles below re Primary Care mental health workers (children and young	Estimated Cost of full MOU delivery No. of Employees / FTE Year 18/19 1 WTE Service Manager 1 WTE dementia coordinator 19/20 (anticipated) 0.67 WTE Peer recovery Practitioner 0.9 WTE Peer Recovery Practitioner 0.2 WTE Dementia Coordinator Potential costs of full MOU delivery			
Health: Building on successful				Figures are indicative at the continue to develop	his stage and may change as plans		
test of change for a Mental Health worker aligned to Primary Care to provide a proactive response for Dementia sufferers and their families to anticipate and prevent crisis.				Potential No of employee	his stage and may change as plans		

General Comments	<u>Issues experienced</u>	Risks going forward	Additional narrative on costing of full MOU delivery
Work progressing on the further development of the service	Waiting lists are a challenge with a huge demand on the service Current endeavours towards targets.	Workforce recruitment and retention Implementing change	0.67 WTE Peer Recovery Practitioner has been recruited. They have been undergoing induction which includes a week of shadowing at Aberdeen DBI service w/b 4th of February; as well as supporting service development and launch activity.
		without destabilising or diminishing quality of service delivery across Moray and with remote/rural practices	0.9 WTE Recovery Practitioner Peer recruited in January 2019.0.2 WTE Dementia Coordinator from April 2019
		Demand on the rise which will have a huge bearing on waiting times.	Figures are indicative at this stage and may change as plans continue to develop

Community Link Practit	ioners						
Original PCIP Plan	18/19 Update	19/20 Planned Activity	20/21 Planned Activity		Reso	urce (Finance	& People)
Aim to reduce the	Each practice in Moray	To review contract with	Scale up to Moray wide	Allocations m	ade in last pl	lan	
negative impact of	will have direct access to	Penumbra and decide as		18/19	19/20	20/21	21/22
social and economic	generic or specialist Link	to whether or not to take			£264k	£311K	£360K
circumstances on	worker	service in house. If yes		Spend			
health.	6WTE GP Link Workers	then will need to increase to 9 WTE practitioner		18/19	19/20	20/21	21/22
To do this by	funded through	1: 10,000.		£220,000			
developing the role of	PCIP/HSCP and based	1. 10,000.		Est Cost of ful	l MOU delive	ery at 21/22	
Link workers into all	within GP Practices			Within allocat			
practices within	within GP Practices			No. of Employ			
Moray.	Each practice in Moray			Year	, , , , ,		
T 11	will have direct access to			18/19	6 WTE Band	1 4	
To provide a person- centred service that is				19/20		mmissioned s	ervice
responsive to the	generic or specialist Link worker			13,20	J WIL CO	111111331011Cu 3	CIVICC
needs and interests of	worker						
the practice	Links with Astion 45						
population.	Links with Action 15						
	commissioned service						

General Comments	Issues experienced	Risks going forward	Additional narrative on costing of full MOU
These roles have been developed in Moray over the last two years	Challenges around information governance between multiple parties Recruitment of Link practitioners within original timescales	Workforce recruitment and retention Implementing change without destabilising or diminishing quality of service delivery across Moray and with remote/rural practices Information Governance	delivery Looking more link workers to increase to 9 WTE to achieve 1:10,000

This table detailed Health & Social Moray's current committed workforce expenditure and cost related to full implementation of the priorities described in the MOU. Figures are indicative at this stage and will change as plans continue to develop.

4. Finance and Workforce Projections

In setting out the financial and workforce plan for year 2 of the PCIP it is important to acknowledge the potential risks in implementing such significant change over a relatively short time frame. Health & Social Care Moray would identify the following as the priority areas of risk:

- The level of available funding is insufficient to implement all services as described within the new contract.
- Our ability to recruit and retain staff at the appropriate level, within the required timescales to carry out the roles described in the GMS 2018 contract primarily due to the lack of available workforce.

Whilst in these initial stages we are seeing a positive level of interest and successful appointments to several posts under the PCIP, this is against a backdrop of historic difficulties in recruiting to a number of disciplines.

Meeting the workforce projections set out may prove very challenging. Attracting staff to some of the more rural locations has been challenging in the past, this coupled with neighbouring areas also recruiting to the similar posts will add additional pressures to the recruitment process. Many of these roles may require additional training and this will impact on developments. There is also a need to ensure that we do not destabilise other areas of our system during this transition stage.

Full Implementation Cost represents estimated funding required to fully implement all services as described under the new contract (desirable, as indicated by particular services).

There is a need to maintain some flexibility around implementation depending on availability of workforce and other factors. In turn this will enable health& Social Care Moray, where appropriate and in agreement with key stakeholders, to make decisions within years to allow some developments to progress more quickly than others.

Table 2: Health & Social Care Moray PCIP Indicative Expenditure Profile, 2019 – 2022

Priority Area	Approx % allocation				Potential Full Implementation Cost		
	2019/20 (£000)	2020/21 (£000)	2021/22 (£000)	Current Committed Expenditure	Cost (£)	Workforce	
Vaccinations	141	145	149	Current estimated figure. Workforce still to be determined, potential mixed model of delivery with CTAC services.	£435k	Current estimated figure. Workforce still to be determined, potential mixed model of delivery with CTAC services.	
Pharmacotherapy	437	560	765	0.8 WTE Pharmacist Band 8A 1.8 WTE Pharmacist Band 7 2.5 WTE Pharmacy technician Band 5	£1853k	9.0 WTE Pharmacist Band 8 6.0 WTE Pharmacy technician Band 5 * WTE/Skill mix to be agreed	
Community treatment and care	128	463	665	5.0 WTE Band 5 2.0 WTE Band 3 2.0 Band 4 Potential to increase when Vaccination Model agreed	£1256k	17.0 WTE Band 5 6.0 WTE Band 2 4.0 WTE Band 4s	
Urgent care	263	508	655	2.0 Band 7 1.0 Band 6	£1513k	13.0 WTE Band 7 *Skill mix to be agreed. Current based on ANP/ Advanced Paramedics	
Additional professional roles	510	845	913	2.0 Band 8a MSK First Contact Practitioner 2,0 Band 5 2.0 Band 6 Primary Care Mental Health Development Workers *MSK skill mix to be determined	£2282k	2 WTE band 8 2 WTE band 7* skill mix to be agreed 4 WTE band 6* skill mix to be agreed 6 WTE band 5	
Link workers	264	311	360	6 WTE Band 4	£1156k	9 WTE – commissioned service	
Total	1743	2832	3507	Current estimated figure. Workforce still to be determined, potential mixed model of delivery with CTAC services.	£8495k		