

APPENDIX 1

CAMHS Consultant Telephone Advisory Rota for NHS Grampian as supplementary to the existing General Psychiatry on call Rota

Proposed Pilot to run from XXXX till XXXX

Introduction

Within NHS Grampian, for out of hours presentations, the Mental health and Learning disability service at Aberdeen site currently provide a 3 tier rota Generic Mental Health service for children aged 14 years and older and adults. Children under 14 years of age who are admitted and need a psychiatric evaluation are currently seen if need be at RACH between 9 am and 1pm on weekends by a Child and Adolescent Psychiatry consultant.

In Elgin, there is an on call rota that consists of a Consultant Psychiatrist and junior medical/nursing staff. Under 16s are admitted to ward 2 and over 16s are seen by EPPH (emergency psychiatric page holder) team.

General Statement

- Any child or young person who presents out of hours will receive a generic mental health assessment if needed.
- Telephone advice from CAMHS Consultant ONLY to Clinicians currently on the Mental Health Rota.
- CAMHS Consultant will be supplementary to the existing current mental health on call systems and is for advice only to the general Mental health rota (EPPH at Dr Gray's).
- If a child or young person needs admission, it will continue as is current practice.

Telephone Advice Arrangements

The arrangements for out of hours telephone advice cover (9 am -5 pm Saturday, Sunday and Public Holidays) provided by Child and Adolescent psychiatrist for advice will be as follows:

1. There will be a Consultant Child and Adolescent Psychiatrist on call for telephone advice only for NHS Grampian. This is a Decision support Service only with advice to:

- a. other medical staff and nursing staff who may be dealing with a patient who requires an emergency psychiatric assessment; such as on-call FY/GPST/CT/STs/ USC nurse

All community calls must be attended to by tier 1 (junior doc and USC nurse) and tier 2 (Registrars) for Aberdeen site and EPPH and Consultant on call for Dr Gray's site before seeking advice from the CAMHS Consultant.

2. A member from the local specialist CAMHS service will see any child or young person who is admitted to a mental health bed out of hours on the next available working day (Mon - Fri 9 to 5). Arrangements will be put in place to ensure that local specialist services are alerted appropriately.
3. During the pilot period any child under 14 years of age who presents after 5 pm can be admitted to RACH overnight for next day assessment if need be. If they can safely go home, then they can be sent home and a referral sent to CAMHS in input is required. If a child under 14 has taken an overdose, then they need to be admitted and assessed the following day. They will be seen on next working day by CAMHS and if it is on a weekend or holiday, will be seen by USC nursing / Jr Doc (same service as currently happens for 14s and over) on Aberdeen site with support if needed from CAMHS Consultant on weekends. On Elgin site EPPH team will provide assessment over weekend with remote decision support from CAMHS consultants for 13 years and over.
4. All children (under 16) who need medical evaluation and treatment are admitted to RACH or Ward 2 Dr Gray's. Mental health crisis admission to Royal Cornhill Hospital for young people aged 14 and over will continue as at present. No changes to practice for 14s and over (current pathway for GMeds / Police to contact RCH for OOH assessment). Similarly all over 16s mental health crisis admission for Dr Gray's will be to ward 4.
5. Intention is to keep patient as local as possible but when there is medical reason to transfer patient from Ward 2 to RACH local arrangement of the protocols will be used.