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## CHIEF OFFICER'S REPORT TO THE MORAY INTEGRATION JOINT BOARD 29 NOVEMBER 2018

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### **Faculty of Public Health Conference – Double Celebrations for Moray**

This year the Faculty of Public Health conference 'Right to Health'; provided the opportunity to showcase examples of public health activity which illustrates how together we can improve everybody's right to enjoy the best attainable health for all.

**'Baby Steps' secured best poster in category 1** for 'visual impact, clarity of content and contribution to public health'. 'Baby Steps' is a multi-agency, Midwife led, 8 week programme for women with a body mass index of 30 or above; actively supporting women to take small steps to improve their health and wellbeing. 100% of women reporting an increase in knowledge of the associated risks and how to take steps to improve their health and wellbeing.

**'Fit Life' access to Leisure for care experienced young people: best poster in category 2**, for 'recognition of successfully involving several organisations in driving forward health improvement.'

To ensure the young people had access to the types of leisure activities they would enjoy, they were involved, engaged, listened to and supported throughout by; the Who Cares? Scotland Development Worker, the participation assistant, Moray Leisure Manager, and Moray corporate parents.

Both programmes were a result of great partnerships and team efforts.

For more information contact [laura.sutherland@nhs.net](mailto:laura.sutherland@nhs.net)

### **Positive Feedback**

Recognition of important, positive feedback from doctors in training about the quality of training and the training environment has been received in three categories from the Deanery Quality Review Panels for Psychiatry (Pare Core Psychiatry, Psychiatry and General Practice Psychiatry) and also for the Emergency Department at Dr Gray's Hospital.

Huge thanks to the Moray Psychiatric and Emergency Department teams for their hard work in maintaining a high standard of education and training.

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