## **Young Carers Charter**

For 2018-19, we will establish the following objectives for all young carers in Moray:

- Test and refine eligibility criteria for young carer support activity
- Enable early identification of young carers
- Provide effective support for young carers in Moray
- Develop plans to support young carers through transition
- Develop and implement workforce development programmes that embed young carer awareness and support across all disciplines

## Statement of Intent

- 1. We will base our eligibility criteria framework on the Moray GIRFEC Pathway, which is used to enable support, guidance and resources at various levels of wellbeing need for any child or young person and their family.
- 2. We will develop a Young Carer Statement (YCS) template that provides a framework for the identification of individual needs and personal outcomes, based on the SHANARRI wellbeing indicators, to enable support for young carers who have been identified by professionals or have self-identified.
- 3. We will implement clear procedures regarding who will complete the YCS, how it will be completed and by when. We will consider the role of the Named Person, School Nurses, commissioned services and others, to ensure the most appropriate person undertakes completion of the YCS.
- 4. We will employ a range of initiatives to improve early identification of young carers in Moray, working across health and social care and with a particular focus on developments in schools. Young carers will be encouraged and supported to complete a YCS, enabling access to universal advice, guidance and support and the identification of targeted support needs.
- 5. We will ensure staff and volunteers in services able to offer additional, specific, support to young carers are trained to recognise and understand the particular challenges young carers face and the impact their caring role can have on them
- 6. We are committed to exploring flexible break options which enable carer choice as well as value for money.
- 7. We will ensure there is preparation and planning for transitions, including early involvement of Adult Services, either in relation to supporting the needs of the cared person for, or the young carer where appropriate.
- 8. We will develop protocols with Adult Services that establish timescales within which young carers can expect to complete an Adult Carer Support Plan, and support good practice in information sharing to prepare young carers for the transition.
- 9. We will enable a programme of workforce development that ensures staff and volunteers across Moray are supported to increase their knowledge and understanding of young carers, and of the processes and practice required to ensure that the wellbeing of young carers are met within the Moray GIRFEC Pathway