



REPORT TO: MORAY INTEGRATION JOINT BOARD CLINICAL AND CARE GOVERNANCE COMMITTEE ON 28 OCTOBER 2021

SUBJECT: OUT OF HOURS MENTAL HEALTH SERVICE PROVISION FOR 16-18 YEAR OLDS

BY: SERVICE MANAGER, CHILD AND ADOLESCENT MENTAL HEALTH SERVICE (CAMHS)

1. REASON FOR REPORT

1.1. To update the Committee on progress towards addressing the current gap in out-of-hours mental health service provision for young people aged 16-18 years in Moray, the current risk mitigation plan and longer term plans.

2. RECOMMENDATION

2.1. It is recommended that the Committee:

- i) note the contents of this initial report; and**
- ii) agree to receive a further report with update on progress made at the next meeting on 24 February 2022.**

3. BACKGROUND

3.1. A previous report to this Committee on 27 May 2021 (para 9 of the minute refers) informed the Committee about the current gap in out of hours mental health service provision for young people aged 16-18 years in Moray and actions that were being taken to address this.

3.2. There were a number of issues to be addressed including the change in staff profile and the way in which services are being delivered. A short life working group, chaired by the Clinical Director for Child and Adolescent Mental Health Services (CAMHS), has been convened with key stakeholders from across the system in Moray to develop a sustainable plan to address this gap.

3.3. The risk has been recorded on the risk register for Health and Social Care Moray and an immediate risk mitigation plan and short-term solution was put in place whereby all Consultant Psychiatrists on the on-call rota for Health and Social Care Moray have been requested to supervise nursing staff who are undertaking a mental health assessment on a young person aged 16-17 who

presents out of hours with a mental health problem. If the Consultant Psychiatrist feels unable to do so, they must escalate that decision to the Clinical Director for Mental Health and Substance Misuse Services (Health and Social Care Moray) for managerial support out of hours.

- 3.4. The Short Life Working Group has met on four occasions to-date. Progress has been slow over the summer months due to group members being on annual leave at various points. A Terms of Reference for the group has been drafted and is being finalised. Baseline data and case studies are being gathered to show more specifically the current gaps in demand and capacity and inform the work plan for the group. This includes gaps in the multi-disciplinary system for young people's disposal when they are in crisis and simply need a "safe space" out of hours rather than an inpatient admission.

4. KEY MATTERS RELEVANT TO RECOMMENDATION

- 4.1. It is not ideal for young people aged 16 and 17 years who present out of hours with a mental health problem to be admitted to Ward 2 at Dr Gray's Hospital.
- 4.2. The initial risk mitigation plan and short term solution placed considerable burden on the Clinical Director for Mental Health and Substance Misuse Services in Health and Social Care Moray. Therefore, in the absence of this colleague, the Clinical Director for CAMHS could be contacted for decision support via the Senior Manager on-call for Royal Cornhill Hospital.
- 4.3. To support communication and collaborative working between services, a Consultant Child and Adolescent Psychiatrist is now joining the senior staffing meetings for Mental Health and Substance Misuse Services in Health and Social Care Moray.
- 4.4. CAMHS has committed to supporting the Continuous Professional Development (CPD) of colleagues working in Mental Health and Substance Misuse Services in Health and Social Care Moray to help them feel more confident and skilled with regards to the mental health assessment and decision making for 16 and 17 year olds who may present out of hours. This is working well with good attendance by both medical and nursing colleagues and positive discussion to inform improvements and developments at the most recent CPD session on 14 October.
- 4.5. CAMHS has appointed a further 1.8 whole time equivalent (WTE) Consultant Child and Adolescent Psychiatrists who have commenced in post. A key focus now is finalising arrangements to start the trial of a 7-day decision support rota between the hours of 9am till 5pm to cover both Dr Gray's and Aberdeen hospital sites on weekends and public holidays with CAMHS Consultant Psychiatrists. The start date is being confirmed and this is with a view to extending this till 10pm following the pilot and the length of this pilot will be six months. A paper detailing the pilot was taken to the meeting of the Short Life Working Group on 4 October for review (**see APPENDIX 1**).
- 4.6. The current CAMHS Psychiatry establishment in Scotland is 80 WTE, with approximately 20 WTE vacancies and there is a national shortage of Psychiatrists. Therefore, a regional CAMHS Consultant on-call rota for the North of Scotland, including the island boards, is considered to be a longer-

term and more sustainable solution for CAMHS out of hours decision support. In order to generate support for regional working, including a long-term regional solution to CAMHS out of hours provision, at an Executive level from all Boards in the North of Scotland, Dr June Brown, Executive Nurse Director for NHS Grampian has agreed to take on the role of Executive Champion for regional CAMHS provision. Dr Brown is being supported by Dr Kandarp Joshi, the CAMHS Clinical Director and CAMHS Clinical Lead for the North of Scotland, and Professor Steve Turner, Regional Clinical Lead for North of Scotland Children and Young People's Health Services. We are working with other Boards on recruitment for a jointly funded Regional Programme Manager to help progress this and other regional pathways for the North of Scotland.

- 4.7. The current situation is that nurse practitioners on the generic Mental Health rota in Moray can now undertake the mental health assessment for young people aged 16-17 years who present out-of-hours at emergency department and have access to appropriate supervision from general psychiatry colleagues on this rota. CAMHS Consultant Psychiatrists and experienced clinicians from other professions in the CAMHS and Mental Health & Substance Misuse Services are participating in CPD sessions which is supporting integrated working and service developments. The pilot of the decision-support rota for Grampian is being finalised.
- 4.8. The risk has now been closed on the Risk Register because there is now service provision for young people aged 16-17 years with mental health problems who present at Accident & Emergency out-of-hours who require a mental health assessment to determine appropriate care and/or treatment.

5. SUMMARY OF IMPLICATIONS

(a) Corporate Plan and 10 Year Plan (Local Outcomes Improvement Plan (LOIP)) and Moray Integration Joint Board Strategic Plan "Moray Partners in Care 2019 – 2029"

This report links to delivery of Outcome 7 of the Strategic Plan to ensure people using health and social care services are safe from harm.

(b) Policy and Legal

The content of this report relates to services provided in relation to The Mental Health (Care and Treatment) (Scotland) Act 2003 (updated in 2015)

(c) Financial implications

There are no financial implications associated with this report.

(d) Risk Implications and Mitigation

This report outlines the risks that currently exist and the measures that are in place to mitigate them in the short term, and outlines the plan for developing a sustainable service for the longer term.

(e) Staffing Implications

None arising directly from this report

(f) Property

There are no property implications arising from this report.

(g) Equalities/Socio Economic Impact

An Equalities Impact Assessment is not required as there is no change to policy and procedures resulting from this report.

(h) Consultations

Consultation on this report has taken place with the Chief Officer, Chief Social Work Officer, Head of Service, Corporate Manager, HSCM and Tracey Sutherland, Committee Services Officer, Moray Council; who are in agreement with the content of this report as regards their respective responsibilities.

6. CONCLUSION

6.1. This report sets out the current position in relation to the service provided for 16 and 17 year olds in Moray, the mitigation in place and the steps that are being taken to establish longer term provision.

6.2. It is proposed that a future report be submitted to this Committee updating on progress.

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Background Papers:

Ref: