

## Multidisciplinary working in Moray

### Building a shared understanding and exploring models of care

#### Questions

1. *How can we further develop the multidisciplinary team in Forres by exploring how we support more people to receive care at 'home first' or as close to home as possible?*
2. *How can we build a shared understanding of the MDT and model of care in Forres among staff from across health and social care in Moray and the Forres community?*

#### Vision

To take a different research approach to explore how care could be provided at home or close to home by informing the development and way of working of the Multidisciplinary Team (MDT). The process will enable all stakeholders to build a shared understanding of the MDT and model of care in Forres.

The collaboration with The Innovation School will support all stakeholders in this process to be open to possibility in terms of how care could be provided at home or as close to home as possible in the future. By collecting different perspectives on the current places and forms of care, lived experiences, and ideas for future ways of working, stakeholders will be enabled to creatively explore future opportunities for sustainable change.

#### What would we like to achieve?

- To understand current experiences of care from people who have received care in Forres or at a community hospital across Moray.
- To prototype and explore how the MDT and Forres model of care can be applied to care scenarios based on the experiences collected from people who have received care.
- To build a shared understanding of the MDT and model of care in Forres among all stakeholders.

#### Outcomes

- Qualitative insights to inform the development of the multidisciplinary team and model of care in Forres.
- Produce a set of priorities and actions with a plan to implement the findings in practice.

*Prepared by Dr Tara French and Yoni Lefevre after collective discussion with Lesley Attridge, Sean Coady, Fiona McPherson, Robin Paterson and presented to the Forres Professional Locality Group (28-05-19).*