



REPORT TO: MORAY INTEGRATION JOINT BOARD CLINICAL AND CARE GOVERNANCE COMMITTEE ON 25 AUGUST 2022

SUBJECT: OUT OF HOURS MENTAL HEALTH SERVICE PROVISION FOR 16-18 YEAR OLDS

BY: SERVICE MANAGER, CHILD AND ADOLESCENT MENTAL HEALTH SERVICE (CAMHS)

1. REASON FOR REPORT

1.1. To update the Committee on progress towards addressing the previous gaps in out-of-hours mental health service provision for young people aged 16-18 years in Moray, the current risk mitigation plan and longer term plans.

2. RECOMMENDATION

2.1. It is recommended that the Committee:

- i) Note the contents of this update report; and**
- ii) Agree whether a further update report is required at the next meeting**

3. BACKGROUND

3.1. A previous report to this Committee on 28 October 2021 (para 8 of the minute refers) informed the Committee about the previous gap in out of hours mental health service provision for young people aged 16-18 years in Moray and actions that were being taken to address this.

3.2. There were a number of issues to be addressed including the change in staff profile and the way in which services are being delivered. A short life working group, chaired by the Clinical Director for Child and Adolescent Mental Health Services (CAMHS), was convened with key stakeholders from across the system in Moray to develop a sustainable plan to address this gap.

3.3. The risk has been recorded on the risk register for Health and Social Care Moray and an immediate risk mitigation plan and short-term solution was put in place whereby all Consultant Psychiatrists on the on-call rota for Health and Social Care Moray have been requested to supervise nursing staff who are undertaking a mental health assessment on a young person aged 16-17 who

presents out of hours with a mental health problem. If the Consultant Psychiatrist feels unable to do so, they must escalate that decision to the Clinical Director for Mental Health and Substance Misuse Services (Health and Social Care Moray) for managerial support out of hours.

- 3.4. The Short Life Working Group have met on four occasions to-date. Progress was slow over the summer months due to group members being on annual leave at various points. A Terms of Reference for the group was drafted and agreed. Baseline data and case studies were gathered to show more specifically the current gaps in demand and capacity and inform the work plan for the group. This included gaps in the multi-disciplinary system for young people's disposal when they are in crisis and simply need a "safe space" out of hours rather than an inpatient admission.

4. KEY MATTERS RELEVANT TO RECOMMENDATION

- 4.1 The key focus was to start a trial of a 7-day decision support rota between the hours of 9am till 5pm to cover both Dr Gray's and Aberdeen hospital sites on weekends and public holidays with CAMHS Consultant Psychiatrists. The start date for this was February 2022 and has now been rolled out as a permanent service from August 2022 following a successful pilot period. We would look to extend the decision support over a 24 hour day 7 days per week as a Regional on-call role for North of Scotland (see below 4.4).
- 4.2. The Emergency Psychiatric Page Holder (EPPH) nursing staff undertake assessments for those 14 years and over and are supported by the decision support rota above. In alignment with integration of the mental health workforce within the Moray site we are looking to recruit to a nursing EPPH post to support an all age range service out of hours within Moray.
- 4.3. CAMHS has committed to supporting the Continuous Professional Development (CPD) of colleagues working in Mental Health and Substance Misuse Services in Health and Social Care Moray to help them feel more confident and skilled with regards to the mental health assessment and decision making for 16 and 17 year olds who may present out of hours. This is working well with good attendance by both medical and nursing colleagues and positive discussion to inform improvements.
- 4.4. The current CAMHS Psychiatry establishment in Scotland is 88.5 WTE, with approximately 20 WTE vacancies and there is a national shortage of Psychiatrists. Therefore, a regional CAMHS Consultant on-call rota for the North of Scotland, including the island boards, is considered to be a longer-term and more sustainable solution for CAMHS out of hours decision support. In order to generate support for regional working, including a long-term regional solution to CAMHS out of hours provision, at an Executive level from all Boards in the North of Scotland (Oct 2021 meeting). Dr June Brown, Executive Nurse Director for NHS Grampian has agreed to take on the role of Executive Champion for regional CAMHS provision. Dr Brown is being supported by Dr Kandarp Joshi, the CAMHS Clinical Director and CAMHS Clinical Lead for the North of Scotland, and Professor Steve Turner, Regional Clinical Lead for North of Scotland Children and Young People's Health Services. There has been agreement to recruit a jointly funded Regional Programme Manager to help progress this and other regional pathways for the North of Scotland.

5. SUMMARY OF IMPLICATIONS

(a) **Corporate Plan and 10 Year Plan (Local Outcomes Improvement Plan (LOIP)) and Moray Integration Joint Board Strategic Plan “Moray Partners in Care 2019 – 2029”**

This report links to delivery of Outcome 7 of the Strategic Plan to ensure people using health and social care services are safe from harm.

(b) **Policy and Legal**

The content of this report relates to services provided in relation to The Mental Health (Care and Treatment) (Scotland) Act 2003 (updated in 2015)

(c) **Financial implications**

The financial implications of these recommendations would be in relation to workforce costs for CAMHS Consultants to be able to facilitate the out of hours rota working over a seven day period. And also the workforce costs in relation to a funding Emergency Psychiatric Page Holder staff.

(d) **Risk Implications and Mitigation**

This report outlines the risks that currently exist and the measures that are in place to mitigate them in the short term, and outlines the plan for developing a sustainable service for the longer term.

(e) **Staffing Implications**

None arising directly from this report

(f) **Property**

There are no property implications arising from this report.

(g) **Equalities/Socio Economic Impact**

An Equalities Impact Assessment is not required as there is no change to policy and procedures resulting from this report.

(h) **Climate Change and Biodiversity Impacts**

None arising directly from this report.

(i) **Directions**

None arising directly from this report.

(j) **Consultations**

Consultation on this report has taken place with the Chief Officer, Chief Social Work Officer, Head of Service, Corporate Manager, HSCM and Tracey Sutherland, Committee Services Officer, Moray Council; who are in agreement with the content of this report as regards their respective responsibilities.

6. CONCLUSION

- 6.1 This report sets out the current position in relation to the service provided for 16 and 17 year olds in Moray, the mitigation in place and the steps that are being taken to establish longer term provision.**
- 6.2. It is proposed that if there are any further update or changes to what has been outlined in this report that this is brought to the next available committee group.**

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Background Papers:

Ref: