

## MORAY COMMUNITY PLANNING PARTNERSHIP

## Local Outcome Improvement Plan Performance Monitoring Report

<b>Priority</b>	<u><a href="#">Improving well-being of our population</a></u>		
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<b>Report Date</b>			
<b>Overall Status</b>	<b>Delivery Plan</b>	<b>Objectives (PI's)</b>	<p>People are healthier and experience fewer harms as a result of making well informed decisions about their health and wellbeing; <i>A whole population approach to preventions and reducing related harms</i></p> <ul style="list-style-type: none"> <li>• Prevent and reduce alcohol and drug related harm</li> <li>• There is a reduction in alcohol and drug related harm and improvement in people's wellbeing</li> <li>• Promote engagement into treatment care and support and ensure the consistency of alcohol and drug service provision across Moray; supporting community services in meeting the needs of those using services where alcohol or drug use is a factor</li> </ul>
<b>(RAG )</b>	<b>(RAG)</b>	<b>(RAG)</b>	
<b>% completion of Delivery Plan against planned</b>			<b>100%</b>
<b>Progress Summary (since last report)</b>			
<p>Note that this report is based on data up to Q3 2020/21, as the Q4 data is still being collated and reviewed before submission to Moray ADP. Q4 data will be made available for the Board meeting of the 23<sup>rd</sup> June.</p> <p>Services are on track to delivery against requirements. No risks to service delivery have been identified.</p>			

<ul style="list-style-type: none"> <li>• Commentary on progress towards milestones and planned actions due in reporting period</li> </ul>	<b>Prevent and reduce alcohol and drug related harm</b>	
	<b>RAG STATUS</b>	
<p><b>Commentary</b></p> <p>The range of Moray service partners have continued to deliver quality services throughout the COVID pandemic. All third sector commissioned services provide quarterly reports (as presented to the MADP), linked to their contracts which hold the detail behind the summary provided below.</p> <p>The combined services have taken steps to respond as quickly as possible to unplanned discharges and re-engagement through proactive interventions –</p> <ul style="list-style-type: none"> <li>• MIDAS have provided a quick and supportive response and instigate and direct resumption of a prescription.</li> <li>• MIDAS with a direct link to the Prisons, has enabled a continuation of any Buvidal prescription to continue on release; thereby reducing the risk of relapse, as well as promoting engagement.</li> <li>• Arrows adapted service delivery in order to ensure access to a worker and support from initial point of referral and have successfully moved the majority of face to face contact to telephone/video link support, those requiring access to the Arrows building did so with safe practices in place.</li> <li>• The Bow café provided 3-course meals throughout the Moray provided the opportunity for regular contact, in particular to single person and older adult households.</li> </ul> <p>The new DAISy (Drug and Alcohol Information System) was finally introduced on the 1 December 2020. Moray was one of the “early adopters”, with both Arrows and MIDAS now working with the new system. Data Reports will be available from April 2021 onwards (subject to SG confirmation).</p> <p>Multi-agency work across Health, Social Work, the 3rd Sector, Housing, Police Scotland, primary Care Pharmacy and others; continues with all agencies working together and coordinating service provision.</p> <p><b>Training</b></p> <p>The MADP have had discussions with both the Scottish Drug Forum and Crew 2000 to re-establish training with the following scheduled -</p> <ul style="list-style-type: none"> <li>• Crew 2000: 3 courses between January and March: “Drug Trends and Young People”. All are fully booked (2 x free), with a waiting list.</li> <li>• Crew 2000 supporting Youth Justice through bespoke training and staff development starting 1 March 2021.</li> <li>• Scottish Drug Forum (SDF): 5 courses from April: <ul style="list-style-type: none"> <li>○ Introduction to Motivational Interviewing</li> <li>○ Introduction to Trauma</li> <li>○ Everyone has a story (Previously Listening and Responding to Young People)</li> </ul> </li> </ul>		

	<ul style="list-style-type: none"> <li>○ Multiple Risk and Young People</li> <li>○ Substance Use and Mental Health</li> <li>● Alcohol Focus Scotland potentially developing aimed at supporting staff under stress due to COVID and the way alcohol is misused as a coping mechanism</li> </ul>
<b>There is a reduction in alcohol and drug related harm and improvement in people's wellbeing</b>	
<b>RAG STATUS</b>	
<p><b>Commentary</b></p> <p>The number of Naloxone kits, used to reverse the effects of an overdose of opioids like heroin increased slightly quarter on quarter through 2020/21.</p> <p>Recovery outcomes have had an average improvement from Assessment to First Review <b>(Figure 4)</b>.</p> <p>The data shows <b>(Figure 3)</b> that, along with Substance Use, Mental Health/Wellbeing and Occupying Time, Physical health and Self Care, all consistently have low average recovery outcome scores. The low score areas are, areas which are associated with Multiple Complex Needs.</p> <p>In 2020 there were an estimated 10 drug related deaths (unconfirmed); 3 of which 3 happened over the festive period compared to 12 deaths in 2019, and 17 in 2018. To date in 2021, there have been 3 deaths. The MARS process reviews the circumstances to inform learning and planning.</p> <p>Moray is below the Scottish Average for Drug Related deaths over the last 3 years and shows a decreasing trend <b>(Figures 5 &amp; 6)</b>.</p> <p>Alcohol related deaths for a similar period show a gradual decline <b>(Figure 7)</b>.</p> <p>Alcohol deaths are higher, expected given the greater issues linked to availability and the social position of alcohol.</p>	
<b>Promote engagement into treatment care and support and ensure the consistency of alcohol and drug service provision across Moray; supporting community services in meeting the needs of those using services where alcohol or drug use is a factor</b>	
<b>RAG STATUS</b>	
<p><b>Commentary</b></p> <p>Moray has consistently met the 3 week waiting time target throughout 20/21 <b>(Figure 1)</b>.</p> <p>76 individuals were assessed as part of Arrows direct access service during Q4 2020/21. This is consistent with Q4 2019/20 figures.</p> <p>Un-planned discharges show a downward trend, with very low numbers in Q3 <b>(Figure 2)</b>. Services are taking steps to maintain</p>	

	<p>engagement and retain clients for longer providing support during the challenges brought on by Covid-19.</p> <p>Self-referral was the most common referral source noting that GP's actively encourage self-referral.</p> <p>Alcohol Briefing Interventions (ABI's) led by Health Improvement have a comprehensive training programme to increase the number of people able to delivery ABI's; with circa 100+ people trained. A report is being submitted to July MADP.</p>
<ul style="list-style-type: none"> <li>• Progress towards objectives (provide indicator results to evidence where available)</li> </ul>	<p>See charts attached.</p> <p>Commissioned services continue to provide key services and have maintained their accessibility throughout; performance against contract is routinely reviewed.</p> <p>DAISY compliance will be reported in Service agreements.</p>
<ul style="list-style-type: none"> <li>• Risks and Issues</li> </ul>	<p>Although the overall position in Moray is positive, the data shows that many people have multiple complex needs, and have experienced significant levels of trauma. <b>(Figures 8)</b>. This will be kept under review, especially relating gender comparisons, with women recording higher than men in the following: trauma, abuse, experience of being parented, illness, domestic abuse and being a parent.</p> <p>The Outcomes Star tool will provide an even wider set of data, combining the DAISy and Outcomes data sets.</p> <p>The Medically Assisted Treatments standards (MAT) (implementation 2020) have a significant and important impact of the way in which services provide medically assisted treatment quickly, including receiving prescriptions. The budget for 2021/22, agreed by the MADP, sets out options for enhancing the MIDAS, if agreed, would support the delivery of the MAT standards and build on the interface between MIDAS and Arrows.</p> <p>The increased focus on whole family approach is likely to continue, with areas being expected to set out how this will be taken forward. With improvement in joint working with adult and child care services, Moray is in a good position to tackle this.</p> <p>Working with people who have multiple complex needs is a Drug Related Deaths Taskforce priority, and forms part of the work in developing the MAT standards. 2021/22 budgets sets out proposals for how services can be enhanced to take this forward.</p> <p>Polly-drug use is a concern and will continue to remain a focus for interventions.</p>
<b>Any General Progress Commentary</b>	
Moray has a well-developed approach to multi-agency / cross-partnership working and is therefore well placed to take forward the work into 2021/22.	
<b>Change Requests</b>	N/A

Next Steps / Targets	Comments	Due Date
<ul style="list-style-type: none"> <li>• Preparing for and delivering against the MAT standards</li> <li>• Supporting the development of good practice linked to whole family approaches</li> <li>• Supporting people with multiple complex needs</li> </ul>	<p>Areas incorporated in the 2021/24 Delivery Plan and 2021/22 budget.</p> <p>Scottish Government announced an additional £250m over 5 years (£50m per annum), awaiting clarity on priority areas and allocations.</p>	<p>2021/22</p>
<p><b>COVID-19 Recovery - impact on delivery</b></p>	<p>Services have remained open throughout the period of COVID restrictions, although group work and more informal meetings such as the weekly evening social evening (Soup and Soap Operas) have not been able to run due to the restrictions.</p> <p>The above will resume; based on advice from the Scottish Government and Public Health.</p>	

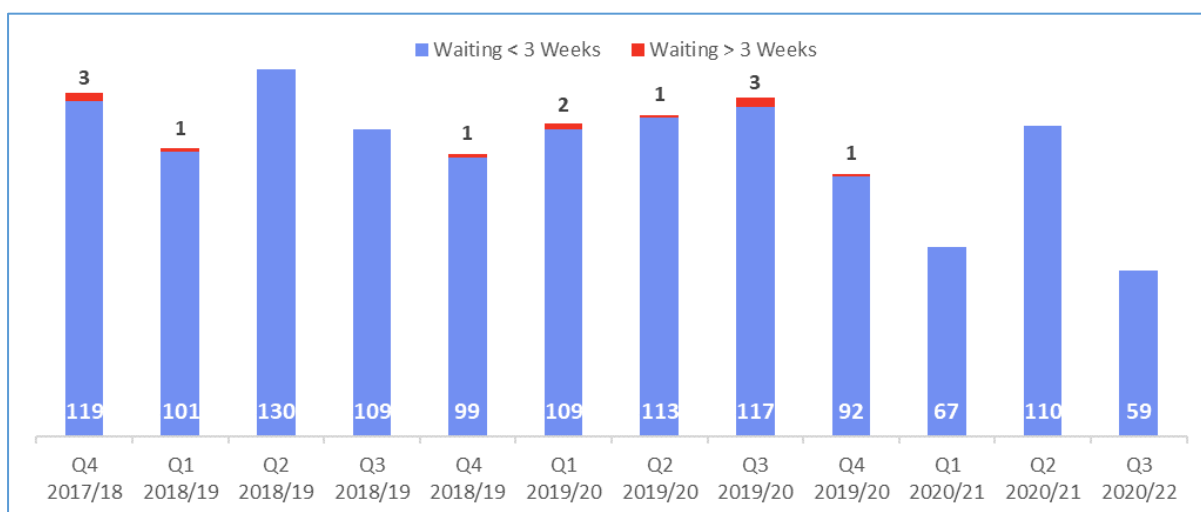


Figure 1 Waiting times up to Q3 2020/21

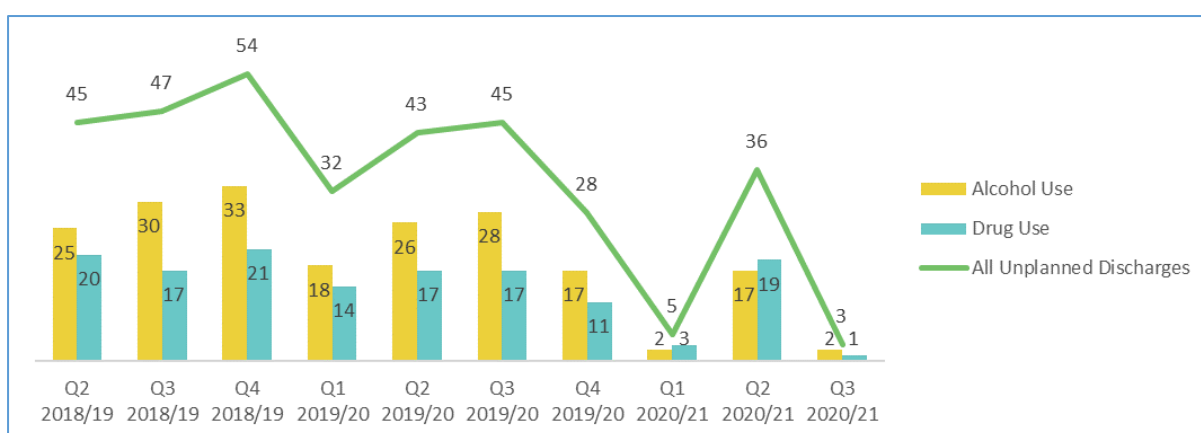


Figure 2 Un-planned discharges

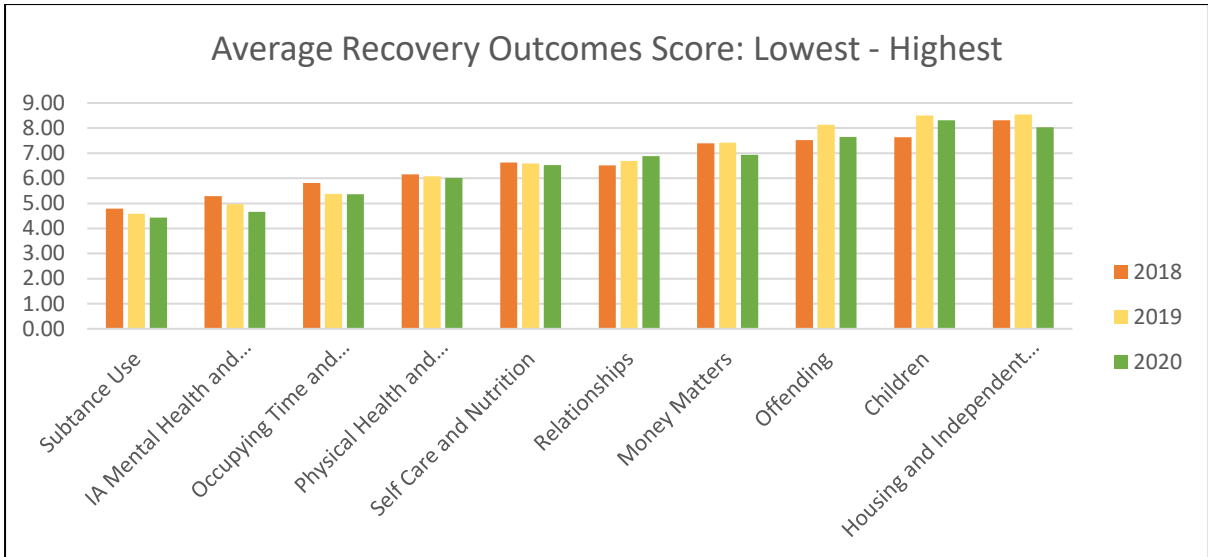


Figure 3 Recovery Outcomes

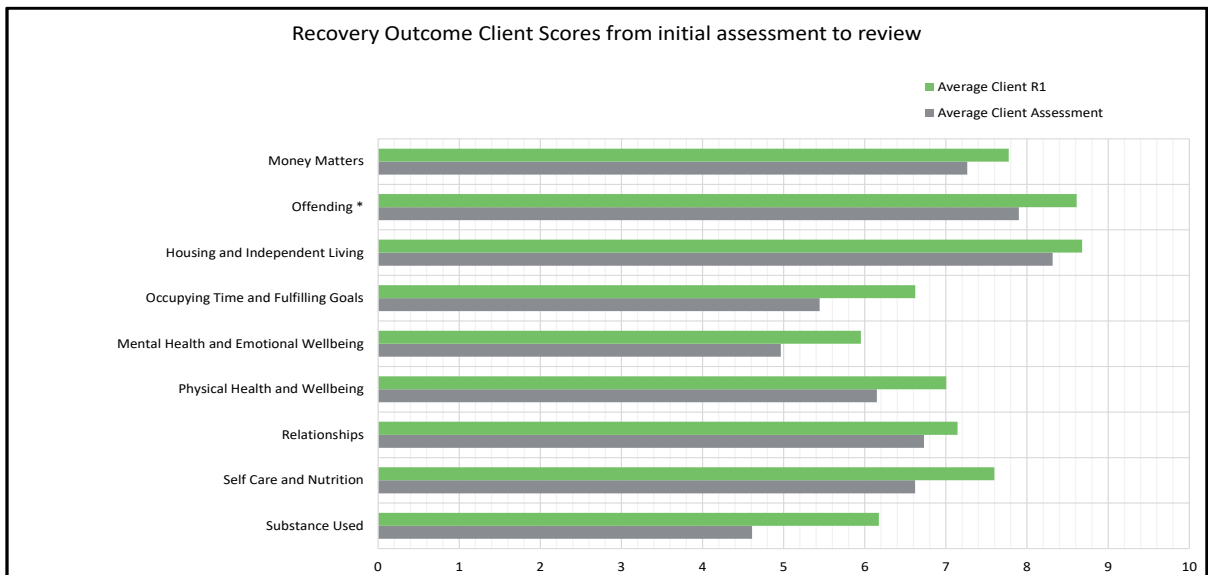


Figure 4 Recovery Outcomes

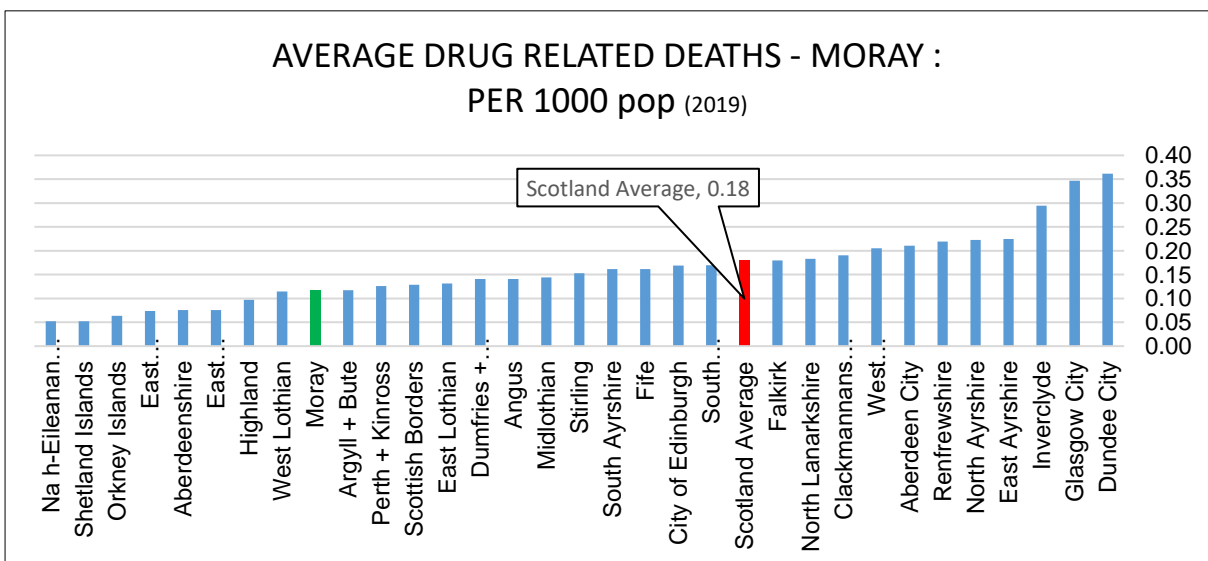


Figure 5 Drug related deaths – Scotland

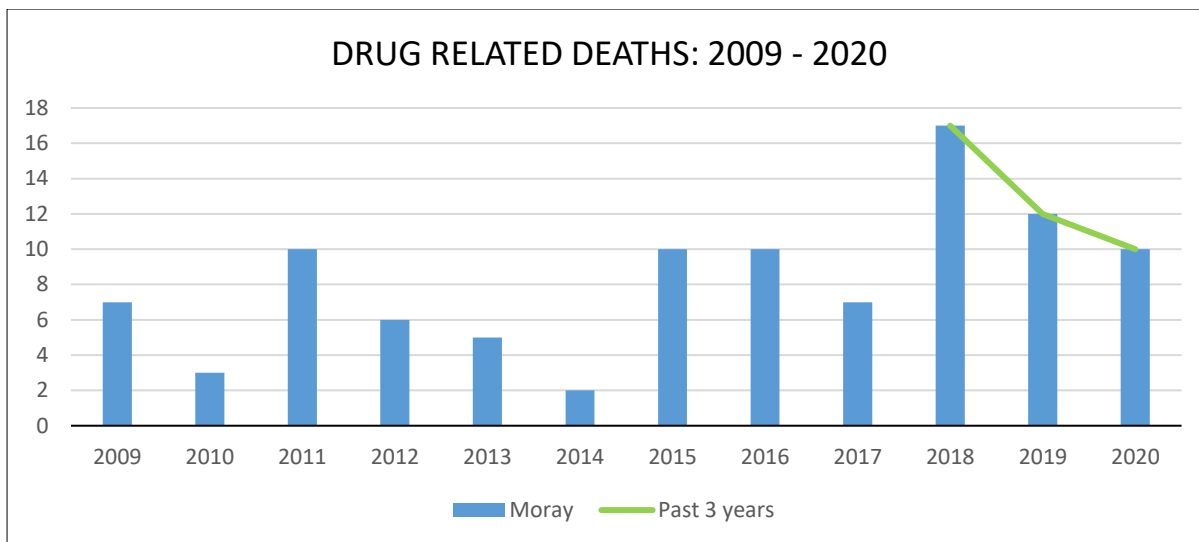


Figure 6 Drugs related deaths – Moray

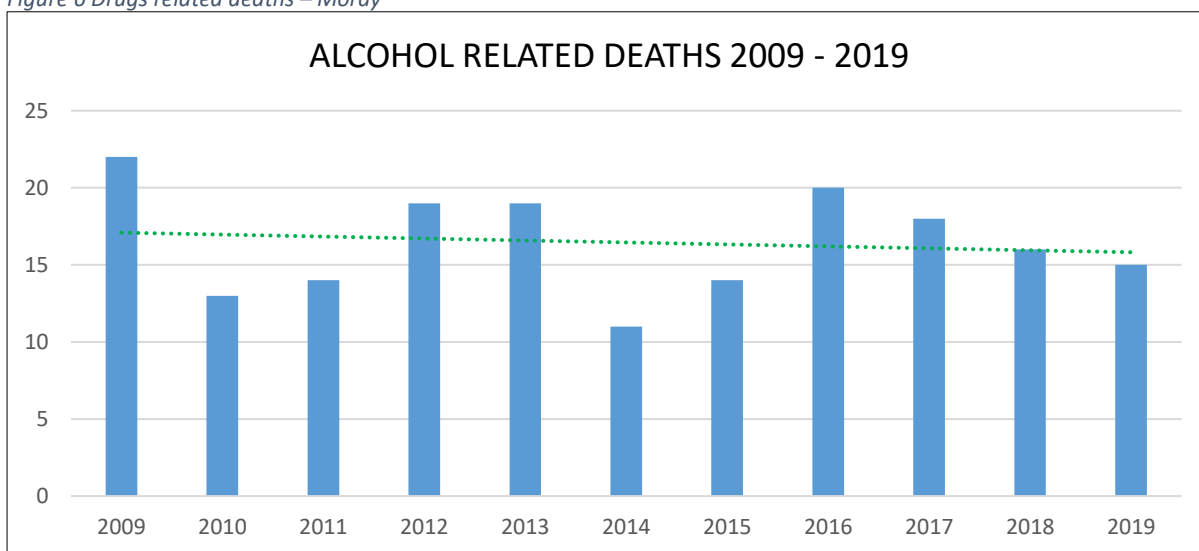


Figure 7 Alcohol related deaths – Moray

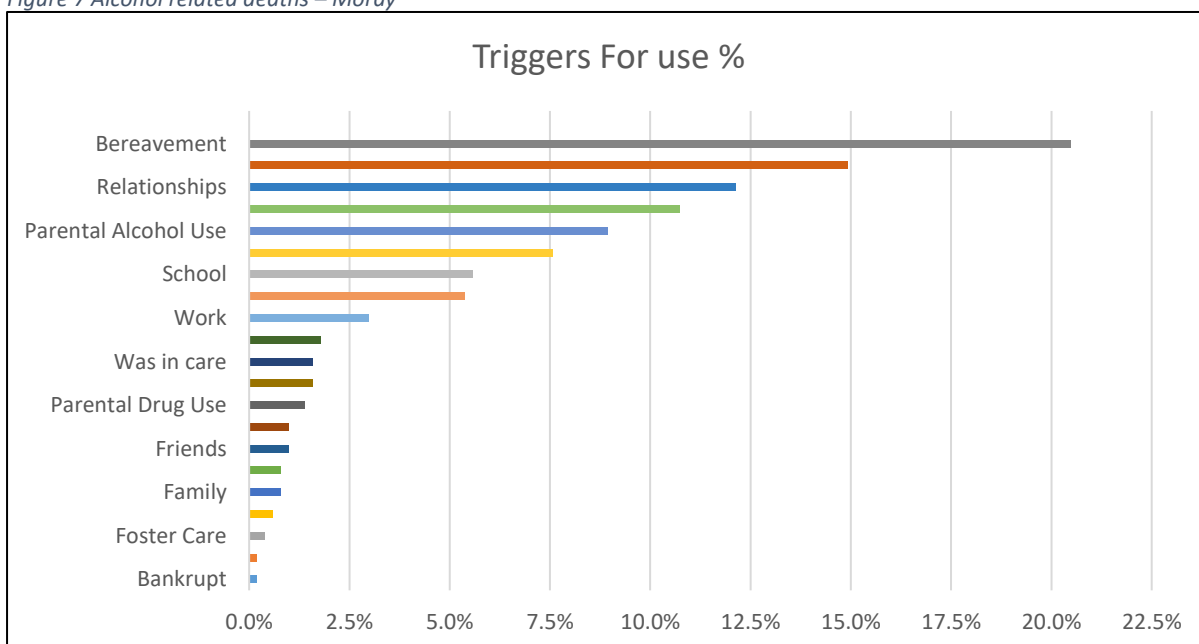


Figure 8 Triggers for use (n=619)