

**Police, Fire &
Rescue Services
Committee**

November 16th 2023

**Moray Violence against Women
& Girls Partnership Update**

Detective Chief Inspector Caroline Gray,
North East Division, Police Scotland &
Dr Emma Plant,
Equally Safe Development Coordinator, Moray

Moray

**Violence  against
Women **+** Girls**
Partnership

Outline

- MVAWGP post-COVID 19
- Delivery Plan
- VAWG Training Programme
- Safe & Together
- Outreach
- The Future

Moray VAWGP Objectives

Equally Safe Priorities

Scottish society embraces equality and mutual respect, and rejects all forms of violence against women and girls	Women and girls thrive as equal citizens – socially, culturally, economically and politically	Interventions are early and effective, preventing violence and maximising the safety and wellbeing of women, children and young people	Men desist from all forms of violence against women and girls, and perpetrators of such violence receive a robust and effective response
--	---	--	--

Moray VAWGP Objectives

1) Professionals and community members recognise VAWG and respond effectively.	2) VAWG support is accessible for all who need it.	3) VAWG support is effective and does not further traumatise victims.	4) Men and boys stop inflicting violence against women and girls.
---	---	--	--

Objective 1) Professionals and community members recognise VAWG and respond effectively.

OUTCOMES	ACTION	LEAD	TIMESCALE	PERFORMANCE MEASURE/S	PROGRESS
Service providers can competently identify and correctly respond to VAWG	Conduct Workforce Needs Assessment	Emma Plant	Mid-August 2022	Needs Assessment response rate	Needs assessment completed, training planned & scheduled.
	Design & Deliver Partnership-wide development plan based upon the Workforce Needs Assessment	Emma Plant	August 22 onward	Uptake & participant feedback	Training on Domestic Abuse & Coercive Control, Responding to Sexual Violence, Coercive Control & Pregnancy, VAWG & Trauma Informed Practice, and VAWG & Housing Legislation delivered to 466 attendees (August 22-October 23)

Alternatives

SARCS

a national self-referral model for victims of sexual crime who wish to have a forensic medical examination without first reporting to the police.

Intelligence Sharing



10

Myth busting #1

Stranger Danger

- Over 80% of women are raped by someone they know.
- Homes, workplaces.



11

Women secretly want it

- "There is no difference between being raped and being pushed down a flight of cement steps except that the wounds also bleed inside."
- Power & control NOT sex

Mythbusting #2

Women can protect themselves

- Self defence
- Don't walk home alone
- Don't get drunk
- Don't wear revealing clothing
- Stay at home

Men can't control themselves

- Men just 'lose control' – they can't help their instincts.

No Bruises = No Rape

- Flight
- Fight
- Freeze
- Flop
- Friend



12

Mythbusting

Consent is Forever

- 1989
- Stealing

Women Lie...

- Rape is the most underreported crime in the world
- Fewer than 3% of claims
- Alex Calmond?

WHAT ABOUT THE MEN?

88:12%

- Report lower levels of fear than women
- Less likely to be injured than women
- Less likely to be subjected to repeat victimisation
- Not concerned that woman will hurt the children
- Rarely a feeling of entrapment



13

4

DA IN SCOTLAND

In 2021-2022, there were 64,807 domestic abuse incidents recorded by Police Scotland.

The 2018/20 Scottish Crime and Justice Survey found that just under a sixth (16%) of those who experienced partner abuse in the 12 months prior to interview said that the police came to know about the most recent incident.

405,044 Domestic Abuse Incidents

20% policing time Every 9 minutes

206 convictions for crimes under the Domestic Abuse (Scotland) Act 2018



5

"Why doesn't she just leave?"

- Criminal Justice Responses ≠ support sector experience
- Incident-Based Model v Coercive Control
- Interweave repeated physical abuse with three equally important tactics: intimidation, isolation, and control
- A "cumulative" effect found in no other assault crime



6

Coercive Control Checklist

- Love-bombing > "a psychological trap disguised as love" Leslie Morgan Steiner (TEDx Talk)
- Isolation > social, economic, physical = dependence
- Self-sustaining > "Don't be silly, he doesn't have to hit me anymore; I'm like a well trained dog"

DOMESTIC ABUSE (SCOTLAND) ACT 2018

"Engaging in course of abusive behaviour towards partner or ex-partner that a reasonable person would consider likely to cause B to suffer physical or psychological harm"

Including:

- Making B dependent on, or subordinate to, A
- Isolating B from friends, relatives or other sources of support
- Controlling, regulating or monitoring B's day-to-day activities
- Depriving B of, or restricting B's, freedom of action.
- Frightening, humiliating, degrading or punishing B

Types of Coercion & Control

- Isolation
- Verbal abuse
- Physical abuse
- Sexual abuse
- Economic abuse
- Rules
- Gas lighting
- Threats
- Charm
- Guilt-tripping
- Inserting into relationships
- Monitoring
- Stalking



In-House Training Feedback

1. The topics covered were relevant to my work

2. The content was organised and easy to follow

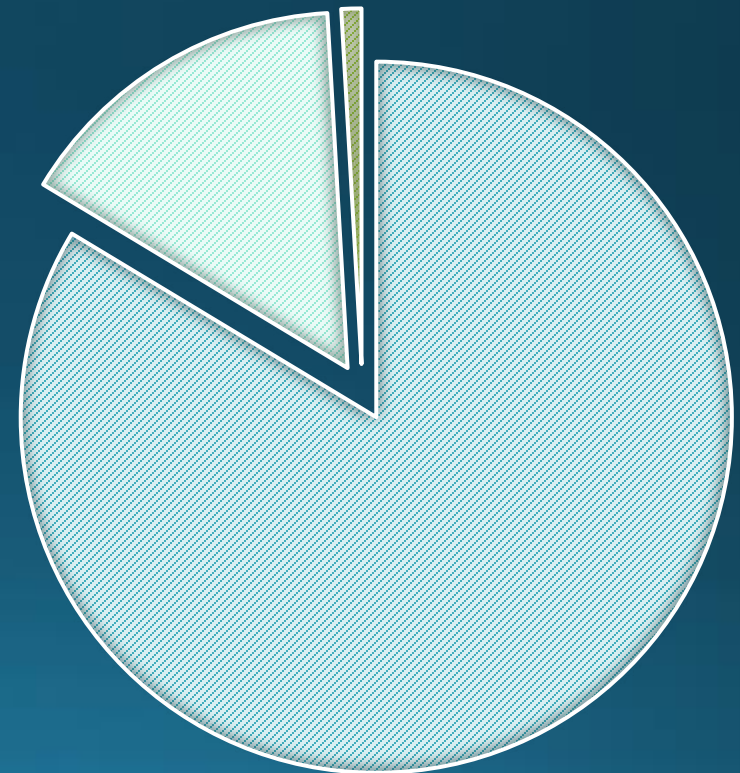
3. Participation and interaction were encouraged

4. The trainer was knowledgeable about the training subjects

5. The trainer was well-prepared

MEASURES (AGG.)

■ Strongly Agree ■ Agree ■ Other



Safe & Together Rollout Nov 22-now

- 156 - CORE Training
- 84 - Overview
- 104 – 1hr Briefing
- 7 Moray-based Trainers
- M&E X₃

- Feb & March 24 - 75
- Supervisor & Manager Accreditation &
- Training
- Policy Reviews

Tired of everyone talking about her 'failures'? Want to be able to validate her strengths and everything she does to protect her kids?

We can help.



Objective 1) Professionals and community members recognise VAWG and respond effectively.

Objective 2) VAWG support is accessible for all who need it.

Protecting People in Moray

[Home](#) [About Moray Protects](#) [Learning & Events](#) [News & Media](#) [Contact Us](#) [EXIT SITE](#)

Protecting Children & Young People
[Learn more](#)

Protecting Adults
[Learn more](#)

Ending Gender Based Violence
[Learn more](#)


Preventing Alcohol and Drug Harm
[Learn more](#)

Reducing Crime
[Learn more](#)

Protecting People in Moray
[Learn more](#)

What is adult protection?

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Maecenas maximus lacinia ex, nec venenatis ex. Maecenas eu tellus elit. Vestibulum et blandit nisl. Aliquam in enim et mauris volutpat imperdiet sed a leo. Aliquam eu urna ut orci finibus aliquet accumsan a ipsum. Nullam non semper justo. Morbi ac ipsum dapibus, feugiat quam nec, aliquam sapien. Aenean quis neque est. Donec finibus vel elit sit amet dapibus. Vestibulum ac malesuada justo. Donec tempus tellus a urna venenatis conwallis. Morbi sed sem leo. Cras aliquet congue odio sit amet ornare. Aenean ante velit, gravida eget bibendum vel, finibus sit amet ex.



Are you an adult?

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Maecenas maximus lacinia ex, nec venenatis ex.

[Click here](#)

Are you a family member or carer?

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Maecenas maximus lacinia ex, nec venenatis ex.

[Click here](#)

Are you a friend or member of the public?

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Maecenas maximus lacinia ex, nec venenatis ex.

[Click here](#)

Are you a professional?

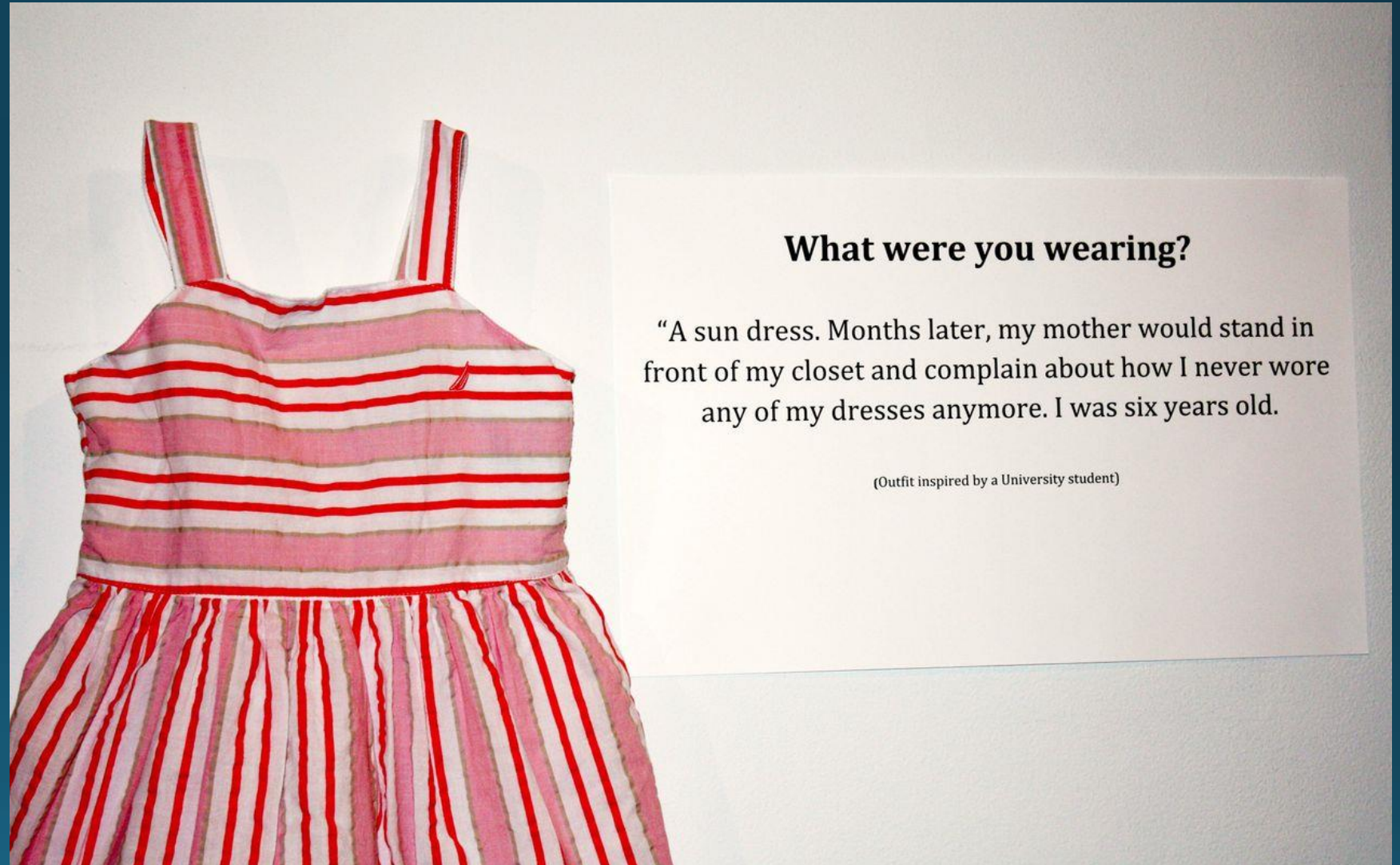
Lorem ipsum dolor sit amet, consectetur adipiscing elit. Maecenas maximus lacinia ex, nec venenatis ex.

[Click here](#)



16 Days of Action 2023

- NCSII Workshop
- “WWYW?”
- DASA Refresh



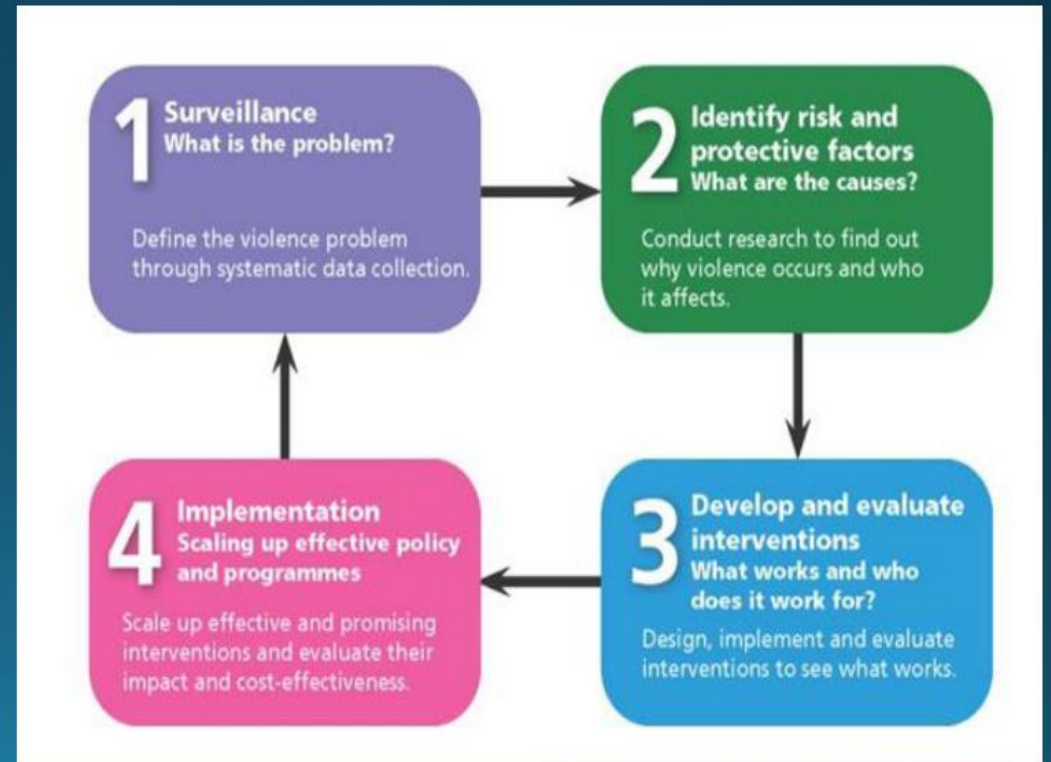
National Horizon

Independent Review of Funding & Commissioning for VAWG Services

- Place VAWGP on a statutory basis
- Institute a legal right to minimum core VAWG services & appropriate, *long-term* funding
- ,VAWG costs the UK an estimated £40bn each year: 10% proposed
- Localised approach to funding
- Single helpline for all VAWG support

Equally Safe Refresh

- Cybercrime, disability & BME
- CO-victims
- Prevention: VAWG is avoidable trauma
- World Health Organisation's public health approach to violence reduction:



Local Plans

- Expand in-house training offer – children, disability, harmful traditional practices
- ESQSPF 2024 [2022 = 28/40 > 2023 35/40]
- Delivery Plan Updates (27/36 Actions completed)
 - Reduction in harmful attitudes and behaviours amongst young men and boys
 - Agree a meaningful VAWG data set for Moray that allows us to measure our progress and performance locally and nationally
 - FME Access
 - The causes and consequences of VAWG become more widely understood by the community > ES @ Work

Questions?



[Learn more](#)

Adult Support & Protection

Protecting People in Moray



[Learn more](#)

Moray Violence against Women Girls Partnership

[Learn more](#)



Moray Alcohol & Drug
Partnership

[Learn more](#)

Child Protection

Protecting People in Moray



[Learn more](#)



Protecting
People
in Moray

[Learn more](#)