

QUARRIERS CARER SUPPORT SERVICE (MORAY)

TEST OF CHANGE –YOUNG CARERS STATEMENT

DATE: 27/09/2018

This proposal is in response to an identified gap in Young Carer Support in Moray, following the implementation of the Carers Act on the 1st April 2018. Within this new legislation all Young Carers have the right to a Young Carers Statement, and it is a statutory duty for Moray's children's services to provide this. Currently Young Carer Support is delivered through Quarriers, as a targeted support service for those young people referred with an identified through the child's planning process. Following referral, Quarriers initiate an internal assessment process to establish the level of caring role and agree a plan of support directly related the impact that caring has on the young carer. Often referrals have been made to the service with a clear outline of the child's needs, but are found not to be related to a significant caring role following early input from the Carer Service. This has been identified as a gap in service provision currently, where the statutory duty to support eligible needs can be met by the current Quarriers contract and does not include provision to deliver the statutory power to deliver support against unmet needs.

As outlined in the Carers Act 2016, The Young Carers Statement will identify personal outcomes for the young carer, and must contain information about:

- The impact of caring on the young carer's wellbeing (referencing SHANARRI1 guidelines)
- The extent to which the young carer is able and willing to provide care
- The extent to which there nature and extent of the care provided is appropriate
- The support which is needed, if any
- The support that will be provided, under the duty to meet eligible needs and the power to meet non-eligible needs
- Whether a short break is needed

The undertaking of the young carers statement is a statutory duty and there is potential to incorporate this within the carers service provider contract in keeping with the Adult Support Plan process. Current provision within the service cannot accommodate the undertaking of Young Carers Statements, which should be made available to all Young Carers regardless of the level or impact of their caring role.

The documentation that Moray will use to facilitate, record and share a Young Carers Statement is yet to be established.

This project outline proposes Quarriers role in establishing a Young Carers Statement process and pathway for Moray, and in conducting the Young Carers Statement on behalf of Morays children's services. This test of change will include an analysis of the Quarriers Carers Support Service capacity to incorporate the undertaking of the Young Carers Statement going forwards and recommendations based on the evidence presented at the end of the project.

This proposal includes the costs of 1FTE development worker to be recruited by Quarriers for an 18month period with a budget total of £43,747

Quarriers Young Carer Statement Development Project

AIMS:

Linking into Morays Children's Services this project will assist in:

- Establishing a process for the undertaking of Young Carers Statements
- Undertake the completion of Young Carers Statements of behalf of children's services
- Provide recommendations for Morays children's services re the long term provision for the completion of young carers statements.

DELIVERY:

Based in the Quarriers Carer Support Service Moray, the Young Carers Statement development post will:

- Lead a multiagency Young Carers Statement short life working group to establish the pilot YCS pathway and develop the documentation of the YCS.
- Link in with ongoing children and adult services developments for Carers SDS pathway and protocol development.
- Establish a triage/prioritisation system to ensure all young people identified receive appropriate and proportional support to complete their Young Carer Statement.
- Link in with Quarriers Aberdeenshire Young Carers Statement development to share learning and progress.
- Support the consultation of young people, parents, education and children's services staff in the development and completion of the Young Carer Statement and pathway.
- Assist in the updating of Morays Young Carer Toolkit to reflect the Carers Act and local implementation pathway, before the toolkit rollout is initiated across schools.
- Contribute to the MLDG to incorporate Young Carers awareness and the Carers Act within the relevant courses offered in the workforce development calendar.

EVIDENCING CHANGE:

With the creation of a Young Carers Statement process and pathway for Moray, it is anticipated that the identification of Young Carers and the collective understanding of their views and support needs will be improved through the process of recording and collating the data outlined within the Scottish Governments Carers Census. The ability to collate baseline data at the initial stage of the project, will allow for an accurate and useful analysis of progress going forward to ensure the project is in line with national and local expectations for Young Carer Support.

- Baseline SEEMIS data from Moray schools to establish all young people identified as Young Carers.
- Baseline Carefirst data from children's services to establish all young people identified as Young Carers are receiving support.
- Baseline Quarriers data on all registered Young Carers by schools,
- Baseline Quarriers data on all Young Carers where statutory children's services input identified.
- Baseline Quarriers outcome monitoring data on all Young Carers receiving targeted support

Where baseline data cannot be obtained, gaps in system recording and reporting will be identified to support the collation of meaningful data in keeping with the aims of this project.

Evaluation and Feedback

The facilitation and recording of young people's feedback and evaluation will be embedded into the direct contact work of development post, and explicitly included within the undertaking of Young Carers Statements.

Focus groups, individual feedback and surveys for professionals will be incorporated into the process to ensure the development of the Young Carer Statement and pathway reflects practitioners' views and input from a multiagency perspective. Where possible, relevant discussion points or surveys will be aligned with or incorporated into existing staff feedback mechanisms across the sector.

Measuring Project Activity

In addition to feedback and stakeholder evaluation, the activity and progress of the project will be monitored and evidenced through the following areas:

- Total number of young carers identified on SEEMIS as a quarterly analysis
- Total number of young carer statements completed by Quarriers
- Following the completion of a young carers statement:
 - Total number of young carers supported by universal services
 - Total number of young carers referred onto Quarriers Carer Support Service for targeted support
 - Total number of young carers referred onto children's services for additional support/SDS consideration

Identifying Gaps

Through the process of undertaking a Young Carers Statement, those needs identified that are not in relation to being a Young Carer will be analysed to help identify gaps in service provision or workforce development.

In particular, the identified needs of young people affected by parental mental health and/or substance use will be highlighted within Moray's Mental Health and Wellbeing, and Alcohol and Drug Partnership strategic groups.

Measuring Impact: Young Carer Identification

- The number of young carers identified and already receiving support/known to education children's services
- The number of young carers identified previously unknown to services

Measuring Impact: Young Carers Statement

- The number of Young Carers Statements completed where no Childs Plan required
- The number of Young Carers Statements completed in addition to an existing Childs Plan
- The number of Young Carers Statements completed that results in a Childs Plan

Measuring Impact: Young Carers Toolkit

- The toolkit development post will report against the developments of Young Carer Aware school initiatives and any direct steps taken by education to accommodate support needs as identified in individual Young Carers Statements

Measuring Impact: Young Carers Support

- The delivery of targeted support will be outlined in the Quarriers quarterly service report, and will include an analysis of need and outcomes monitoring for young people engaging in this process.

BUDGET:

| Annual Budget | 12 months | 18 months |
|--------------------------|------------------|------------------|
| 37hrs development post | 24,730 | 37,095 |
| Travel | 900 | 1,350 |
| Stationery and Equipment | 600 | 900 |
| Training | 900 | 1,350 |
| Management Fee | 2,034 | 3,052 |
| Total | 29,164 | 43,747 |

Quarriers do not propose the delivery of the project is viable in a period of less than 12 months.

The delivery of the project within a 12 month timescale will be limited to the creation of the agreed Young Carers Statement and pathway, with limited timescales to bed in learning and young people's feedback into the process.

The delivery of the project will be subject to the support of children's service in the membership of the short life working group, and in the facilitation of SEEMIS and caresys developments where required.

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