

## Potential Medicines Management Work Streams to Deliver Prescribing Efficiencies

### Activities Requiring Pharmacy Technician Level Input to Deliver

Type	Value Type	Details of efficiency	Level of difficulty	Level of prescriber input	Work needed	Rationale
SWITCH	COST	Liothyronine tabs - caps	G	Tech	N	More cost effective formulation. Confirmed with endocrine consultants.
SWITCH	COST	Melatonin 3mg caps - tabs	A	Tech	N	Licensed product available. In line with MHRA. Assume 50% switch rate
SWITCH	COST	Melatonin 2mg MR cap/Circadian - melatonin 2mg MR tab	A	Tech	N	
SWITCH	COST	Concerta - Xaggitin (ScriptSwitch figures noted for 27mg and 54mg only)	G	Tech	N	More cost effective brand. Prescribing by brand ensures Px safety.
SWITCH	COST	Fostair - Luforbec	A	Tech/Check	Y	Equivalent produce MCN choice
SWITCH	COST	Lumigan - Bimatoprost 100micrograms/ml eye drops	G	Tech	N	Generic Rx, allows cost effective dispensing
SWITCH	COST	Longtec - Oxyp NHS Grampian preferred brand	G	Tech	N	More cost effective brand. Prescribing by brand ensures Px safety.
SWITCH	COST	Vagifem - Vagirux NHS Grampian preferred brand	G	Tech	N	More cost effective formulation. Confirmed OK with menopause consultants.
SWITCH	SAFETY	Branded buprenorphine patches (TransteC figures only)	G	Tech	Y	Predominately safety however can make this cost effective switch also
DE-PRESCRIBE	COST	Dermacool (Pay&Report)	A	Tech	Y	Est annual spend based on Q3 23 data £28k. Need formulary position. Currently sits on pay and report
DE-PRESCRIBE	COST	Flexitol heel balm (Pay&Report)	A	Tech	Y	
DE-PRESCRIBE	COST	Topical NSAID Rx - esp diclofenac 2.32%	A	Tech	Y	Currently spend ~£133k/annum on 2.32% diclofenac gel.

## Activities Requiring Pharmacy Technician Level Input and Pharmacist/Clinician Support to Deliver

Type	Value Type	Details of efficiency	Level of difficulty	Level of prescriber input	Work needed	Rationale
SWITCH	COST	Venlafaxine 225mg CAP to 150mg+75mg	A	Tech/Check	Y	More cost effective combination. Increased tablet burden. Some Px may be challenging - need clinician check
SWITCH	COST	Venlafaxine 300mg to 2x150mg	A	Tech/Check	Y	More cost effective combination. Increased tablet burden. Some Px may be challenging - need clinician check
SWITCH	PATIENT CARE	Resp MCN - open vs closed triple  Costs based on estimated patient numbers	A	Clinician	Y	Await update from MCN via FD. Clinician input required for switches.
SWITCH	COST	Venlafaxine 225mg TAB to 150mg+75mg	A	Tech/Check	Y	More cost effective combination. Increased tablet burden. Some Px may be challenging - need clinician check
SWITCH	COST	Doxazosin MR - doxazosin IR	A	Clinician	Y	Equivalent and more cost effective. DR monitoring required. Assumed equivalent dose switch for calc ue 4mg for 4mg. Monitoring post change recommended - will impact capacity to achieve
SWITCH	COST	Aveeno (non-formulary)	A	Tech/Check	Y	switch Aveeno cream to formulary choice Epimax Oatmeal Cream
DE-PRESCRIBE	LITTLE EVIDENCE	Bath additives (Hydromol excluded as on formulary)	A	Tech/Check	Y	
SWITCH	COST	Metformin MR	A	Tech/Check	Y	500mg & 1g MR

## Activities Requiring Clinical Input to Deliver

Type	Value Type	Details of efficiency	Level of difficulty	Level of prescriber input	Work needed	Rationale
SWITCH	COST	Keppra - levetirecetam <b>(EPILEPTIC)</b>	R	Clinician	Y	Generic Rx, allows cost effective dispensing. Cat 3 anti-epileptic so can switch however specialist advises additional engagement and monitoring would be required. Some Px will be seizure free for so long they won't be under the care of specialist service anymore.
INVEST TO SAVE	PATIENT CARE (COST)	Melatonin non-formulary / non tariff	A	Tech/Check	Y	Melatonin spend is >£1million/annum (this number does not include dummy Rx so will be underestimate). Number of considerations to reduce cost and also deprescribe. Ensure SDT solid oral dosage forms used Liquid vs adaflex which can be dissolved in water Review/holidays/stop or continue - guidance
INVEST TO SAVE	COST	Quetiapine MR to IR <b>Assumes switch to same quantity of IR bd</b>	A	Clinician	Y	Previously highlighted but PC not to undertake switch without specialist input. 2/22-1/23 568 Px receiving Rx for MR quetiapine. Savings variable depending on combination and regime used to make up IR. Cost associated with clinician time, need to review. Potentially challenging group of patients