

<b>Action from ECLS Committee on 14 May 2024</b>	
Agenda Item No:	9
Report Title	Performance Report – ERC – Period to 31 March 2024
Responsible Officer:	Kim Slater
<b>Information Sought:</b>	<b>Response:</b>
<p><u>Changing Lives</u> – Councillor Warren asked for more information on the programmes that are being worked on to improve the figures relative to the four specific areas.</p>	<p>Changing Lives programmes delivered during Q4 of 23/24 as follows;</p> <p><u>Poverty</u></p> <ul style="list-style-type: none"> <li>• Sports Kit for All programme offered in Keith and Speyside</li> <li>• Funded ICT courses in libraries for people on low income following external funding secured</li> <li>• Free bikes offer to school children via Angus Cycle Hub/ Tyred N Cranky</li> </ul> <p><u>Mental Health</u></p> <ul style="list-style-type: none"> <li>• Taster sport programme for pupils lacking confidence delivered in Keith and Elgin</li> <li>• Book clubs for social interaction – in-person and virtual</li> <li>• Active Recovery in Moray programme in Elgin (adults)</li> <li>• Mental Health Accreditation Scheme for Sports Clubs</li> </ul> <p><u>Disability/ASN</u></p> <ul style="list-style-type: none"> <li>• Bowls sessions/festivals for schools in Keith, Buckie, Milnes, Speyside</li> <li>• Swimable sessions in Forres and Lossie for school pupils</li> <li>• Football for Pupils in Lossie and Elgin</li> </ul> <p><u>Older People</u></p> <ul style="list-style-type: none"> <li>• Walking Sports (Football &amp; Netball) established in Keith, Buckie, Elgin and Forres</li> <li>• Memories Scotland Reminiscence sessions in libraries in Elgin and Lossie</li> <li>• Exercise Referral Programme in leisure facilities</li> </ul>

	<p>As a Service we continue to offer ongoing programmes prioritising these themes such as the Youth Music Initiative programme which is all inclusive and promotes positive mental health and wellbeing and the Instrumental Music Instruction Service which is free to all pupils involved in the programme.</p> <p>The Active Schools and Community Sport team have also created an Equalities, Diversity and Inclusion (EDI) map which will be available on the Sport in Moray website imminently. The intention is to create a Sport &amp; Culture Service EDI map that will be accessible to all to highlight all our relevant programmes across protected characteristic groups.</p>
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