



PERFORMANCE REPORT - SUPPORTING CHARTS

**QUARTER 4
2022/23**

(1 JANUARY 2023 – 31 MARCH 2023)

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1. PERFORMANCE SUMMARY

BAROMETER OVERVIEW

Moray currently has **11 local indicators**. Of these **3 are Green**, **2 are Amber** and **6 are Red**.

Figure 1 - Performance Summary

| Health and Social Care Moray Performance Report | | | | | | | | | |
|---|---|--------------------|--------------------|--------------------|--------------------|--------------------|------------------------------|--|-----|
| Code | Barometer (Indicator) | Q4 2122 Jan-Mar | Q1 2223 Apr-Jun | Q2 2223 Jul-Sep | Q3 2223 Oct-Dec | Q4 2223 Jan-Mar | New Target (from Q1 2122) | Previous Target (from Q1 2021 or earlier) | RAG |
| AE-01 | A&E Attendance rate per 1000 population (All Ages) | 20.0 | 24.3 | 24.0 | 22.6 | 20.6 | no change | 21.7 | G |
| DD | Delayed Discharges | | | | | | | | |
| DD-01* | Number of delayed discharges (including code 9) at census point | 46 | 46 | 47 | 29 | 26 | no change | 10 | R |
| DD-02 | Number of bed days occupied by delayed discharges (including code 9) at census point | 1294 | 1207 | 1197 | 1063 | 751 | no change | 304 | R |
| EA | Emergency Admissions | | | | | | | | |
| EA-01 | Rate of emergency occupied bed days for over 65s per 1000 population | 2140 | 2320 | 2469 | 2547 | 2749 | 2037 | 2107 | R |
| EA-02 | Emergency admission rate per 1000 population for over 65s | 183.0 | 177.5 | 172.4 | 173.3 | 185.8 | 179.9 | 179.8 | A |
| EA-03 | Number of people over 65 years admitted as an emergency in the previous 12 months per 1000 population | 125.2 | 122 | 118.6 | 117.4 | 129.2 | 123.4 | 124.6 | A |
| HR | Hospital Readmissions | | | | | | | | |
| HR-01 | % Emergency readmissions to hospital within 7 days of discharge | 3.4% | 4.3% | 3.0% | 3.8% | 3.6% | no change | 4.2% | G |
| HR-02 | % Emergency readmissions to hospital within 28 days of discharge | 8.0% | 8.3% | 6.7% | 8.0% | 7.5% | no change | 8.4% | G |
| MH | Mental Health | | | | | | | | |
| MH-01 | % of patients commencing Psychological Therapy Treatment within 18 weeks of referral | 33% | 27% | 33% | 79% | 73.0% | no change | 90% | R |
| SM | Staff Management | | | | | | | | |
| SM-01 | NHS Sickness Absence (% of hours lost) | 4.2% | 5.0% | 5.1% | 5.6% | 5.9% | no change | 4% | R |
| SM-02 | Moray Council Sickness Absence (% of hours lost) | 9.0% | 8.9% | 5.2% | 8.3% | 9.7% | no change | 4% | R |

2. DELAYED DISCHARGE - RED

Trend Analysis

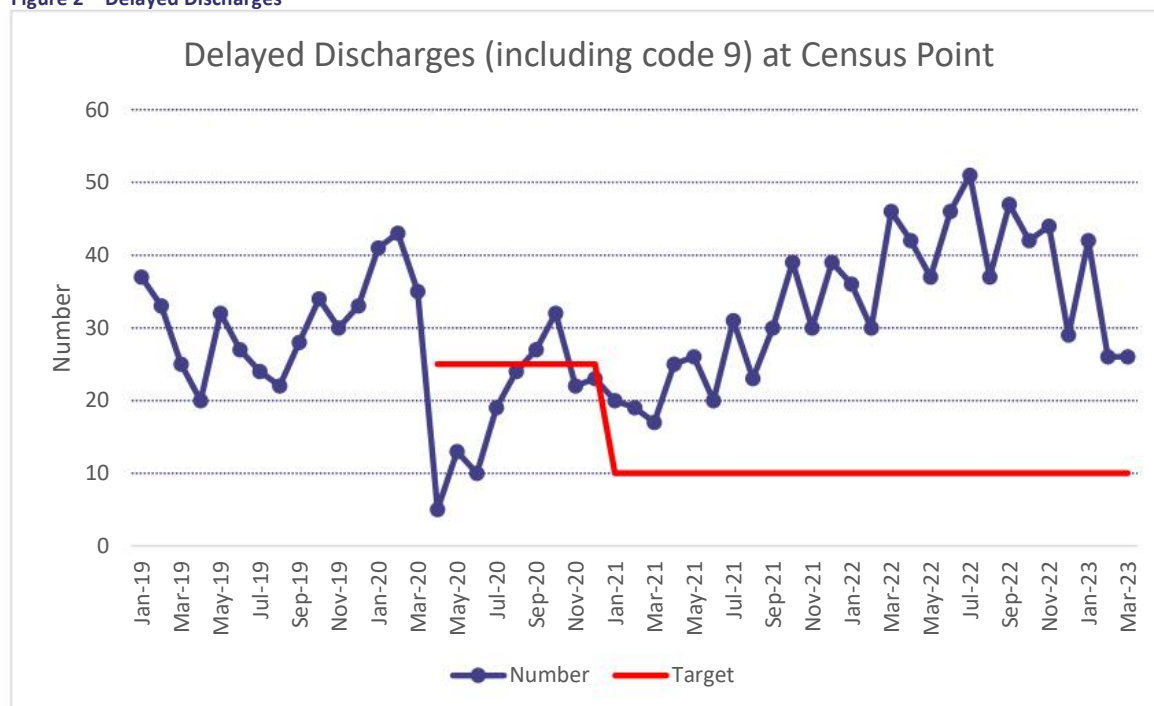
The number of delays at the June snapshot was **26**, down from the previous quarter. Although the number continues to be above the target of 10 it is at its lowest level since August 2021.

Bed days lost due to delayed discharges reduced from **1063** last quarter to **751** this quarter. Although the number continues to be above the target of 304 it is at its lowest level since August 2021.

DD-01: NUMBER OF DELAYED DISCHARGES (INCLUDING CODE 9, CENSUS SNAPSHOT, AT END OF QUARTER)

| | | | |
|---|---|----------------------------|-----------------------|
| Purpose | Reliably achieving timely discharge from hospital is an important indicator of quality and is a marker for person centred, effective, integrated, and harm free care. | | |
| Strategic Priority | 2: HOME FIRST | Linked Indicator(s) | DD-02 |
| National Health & Wellbeing Outcomes | 2, 3, 5, 7 | | |

Figure 2 – Delayed Discharges



Indicator Trend – Decreasing

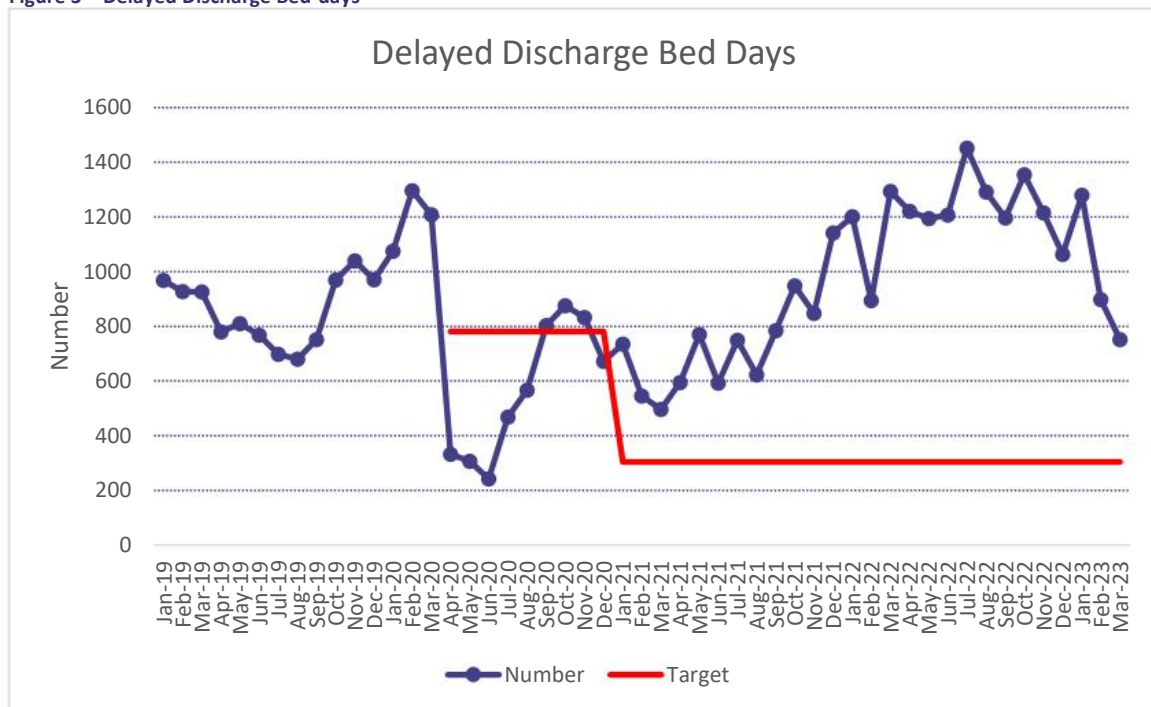
Despite some volatility in numbers from month to month the underlying trend for the number of people experiencing Delayed Discharge had been decreasing since the end of Quarter 2 2022/23.

Source [Public Health Scotland](#)

DD-02: NUMBER OF BED DAYS OCCUPIED BY DELAYED DISCHARGES PER QUARTER (INC CODE 9) PER 1000 18+ POPULATION

| | | | |
|---|--|----------------------------|-----------------------|
| Purpose | This monitors the number of people delayed in hospital once medically fit for discharge. Longer stays in hospital are associated with increased risk of infection, low mood, and reduced motivation. | | |
| Strategic Priority | 2: HOME FIRST | Linked Indicator(s) | DD-01 |
| National Health & Wellbeing Outcomes | 2, 3, 5, 7 | | |

Figure 3 – Delayed Discharge Bed-days


Indicator Trend – Decreasing

The number of bed-days are over 2 times the target number of days but this is less than previous quarters, and similar to quarter 2 2021/22.

Source [Public Health Scotland](#)

3. EMERGENCY ADMISSIONS - AMBER

Trend Analysis

The steady monthly increase in the rate of emergency occupied bed days for over 65s, noted in previous reports, continued this quarter. Since the end of quarter 3 the rate has increased from **2,547** to **2,749**, exceeding the target of 2,037 per 1,000 population.

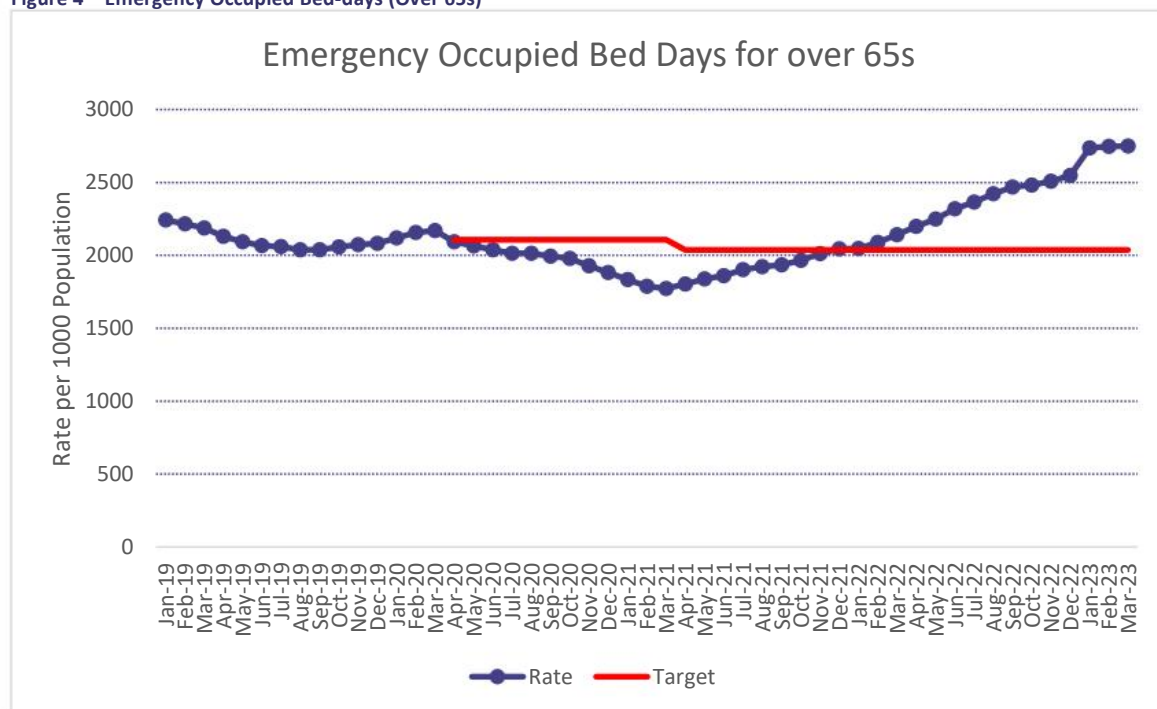
The emergency admission rate per 1000 population for over 65s has increased this quarter from **173.3** to **185.8** above the target of 179.9.

Similarly, the number of people over 65 admitted to hospital in an emergency also increased from **117.4** to **129.2** over the same period. Both of these indicators are now **AMBER** having been **GREEN** for the previous 3 quarters in 2022/23.

EA-01: RATE OF EMERGENCY OCCUPIED BED DAYS FOR OVER 65s PER 1000 POPULATION

| | | | |
|---|---|----------------------------|---|
| Purpose | EA-01, EA-02, and EA-03 are all interconnected and provide a narrative when viewed together of whether emergency admissions and bed days are within tolerance and indicate where potential risks could arise. | | |
| Strategic Priority | 1: BUILDING RESILIENCE | Linked Indicator(s) | EA-02 , EA-03 |
| National Health & Wellbeing Outcomes | 1, 2, 3, 5 | | |

Figure 4 – Emergency Occupied Bed-days (Over 65s)



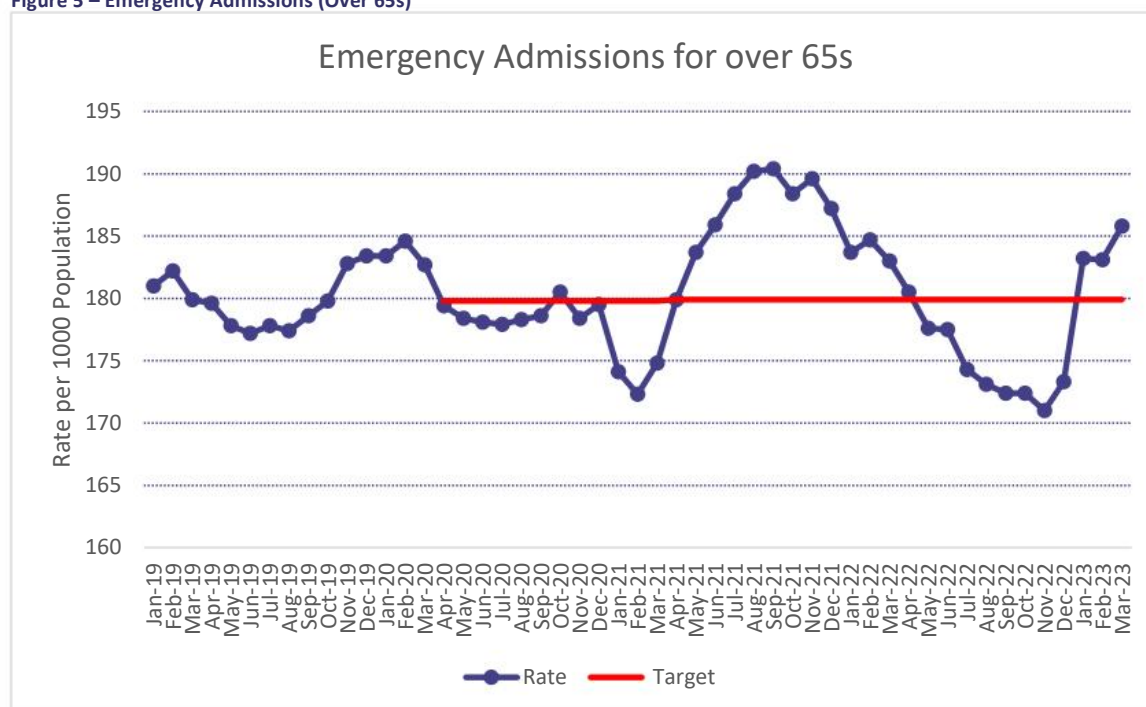
Indicator Trend – Increasing

Since the start of 2021 has been increasing and has exceeded the reduced target since quarter 3 2021/22.

| | |
|---------------|---------------------|
| Source | Health Intelligence |
|---------------|---------------------|

EA-02: EMERGENCY ADMISSIONS RATE PER 1000 POPULATION FOR OVER 65s

| | | | |
|---|---|----------------------------|---|
| Purpose | EA-01, EA-02, and EA-03 are all interconnected and provide a story when viewed together of whether emergency admissions and bed days are within tolerance and indicate where potential risks could arise. | | |
| Strategic Priority | 1: BUILDING RESILIENCE | Linked Indicator(s) | EA-01 , EA-03 |
| National Health & Wellbeing Outcomes | 1, 2, 3, 5 | | |

Figure 5 – Emergency Admissions (Over 65s)**Indicator Trend – Increasing**

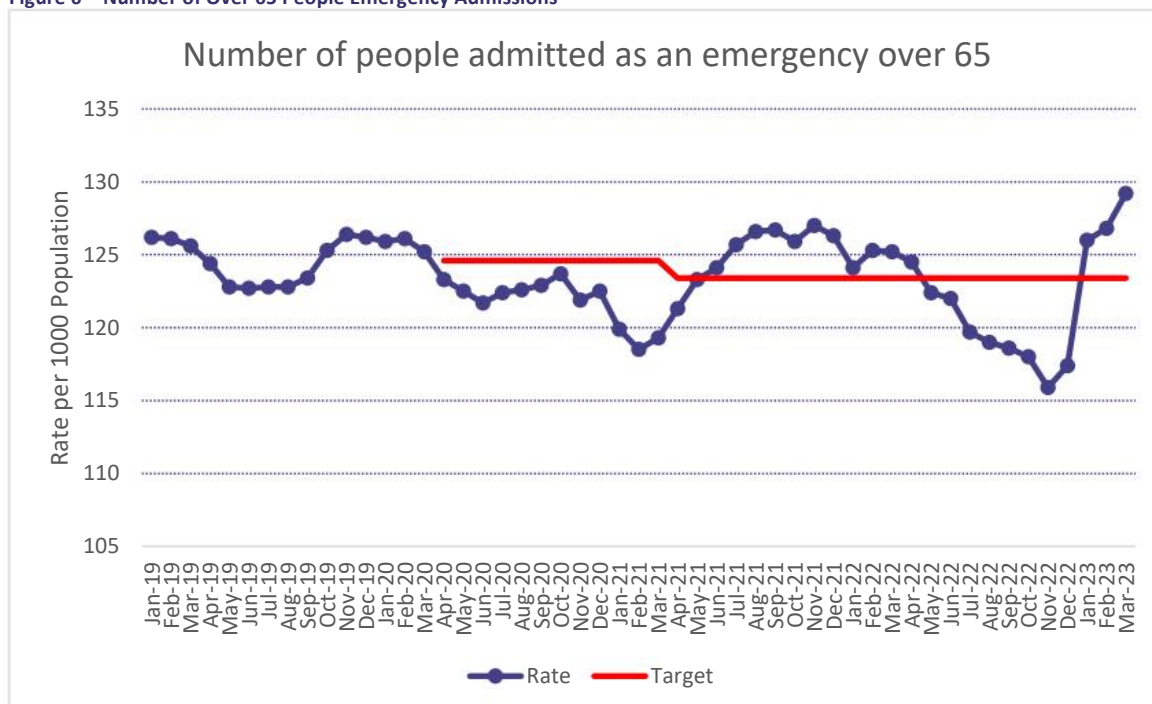
The trend is now increasing, after a sustained reduction over the latter half of 2022, and above levels seen at the same point in 2022.

Source Health Intelligence

EA-03: NUMBER OF PEOPLE OVER 65 YEARS ADMITTED AS AN EMERGENCY IN THE PREVIOUS 12 MONTHS PER 1000 POPULATION

| | | | |
|---|---|----------------------------|---|
| Purpose | EA-01, EA-02, and EA-03 are all interconnected and provide a story when viewed together of whether emergency admissions and bed days are within tolerance and indicate where potential risks could arise. | | |
| Strategic Priority | 1: BUILDING RESILIENCE | Linked Indicator(s) | EA-01 , EA-02 |
| National Health & Wellbeing Outcomes | 1, 2, 3, 5 | | |

Figure 6 – Number of Over 65 People Emergency Admissions



Indicator Trend – Increasing

The trend is now increasing, after a sustained reduction over the latter half of 2022, and above levels seen at the same point in 2022.

Source Health Intelligence

4. EMERGENCY DEPARTMENT – RED

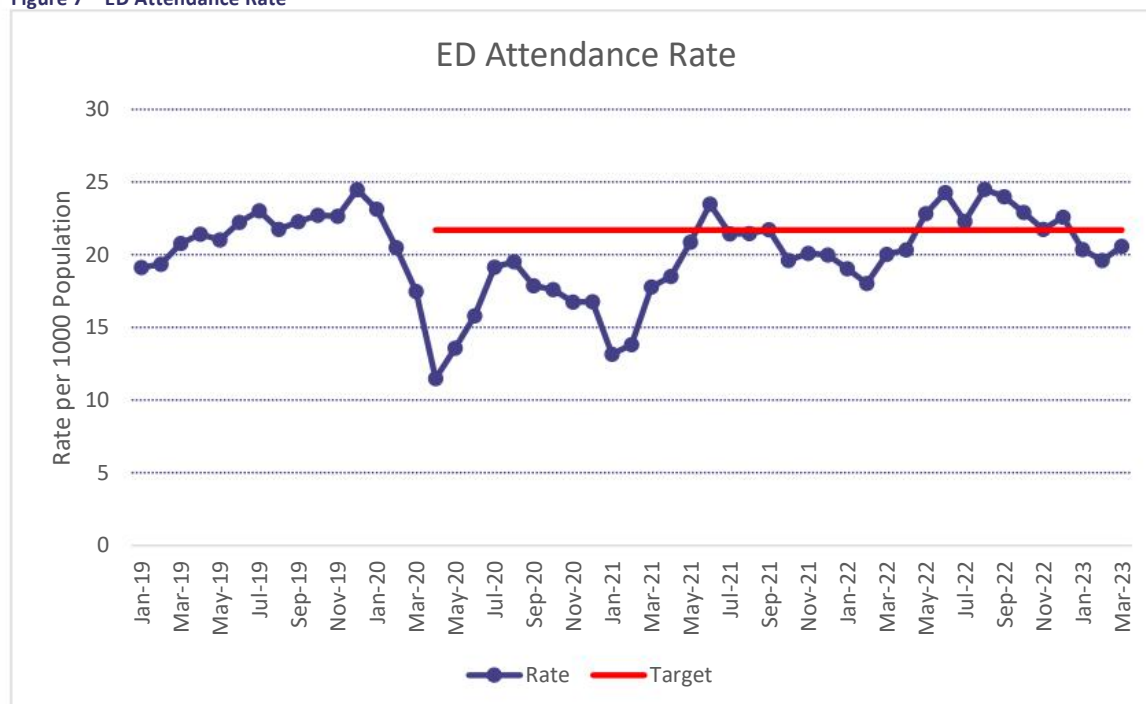
Trend Analysis

There was a decrease in the rate per 1,000 this quarter from **22.6** to **20.6**, only slightly above the number presenting at the same period last year. The trend over the past 6 months has been a decrease.

AE-01: ED ATTENDANCE RATES PER 1,000 POPULATION (ALL AGES)

| | | | |
|---|---|----------------------------|---|
| Purpose | A greater system-wide understanding of how people access emergency care, and why certain choices are made, will allow local health systems to develop intelligence about avoidable attendances at emergency departments and target their responses. | | |
| Strategic Priority | 3: PARTNERS IN CARE | Linked Indicator(s) | HR-01 , HR-02 |
| National Health & Wellbeing Outcomes | 1, 2, 3, 5 | | |

Figure 7 – ED Attendance Rate



Indicator Trend – Stable

During quarter 3 the attendance rate per 1,000 population has remained stable, sitting just above the target level. However, the attendance rate has fallen below the target in the last quarter of 2022/23.

| | |
|---------------|---------------------|
| Source | Health Intelligence |
|---------------|---------------------|

5. HOSPITAL RE-ADMISSIONS - AMBER

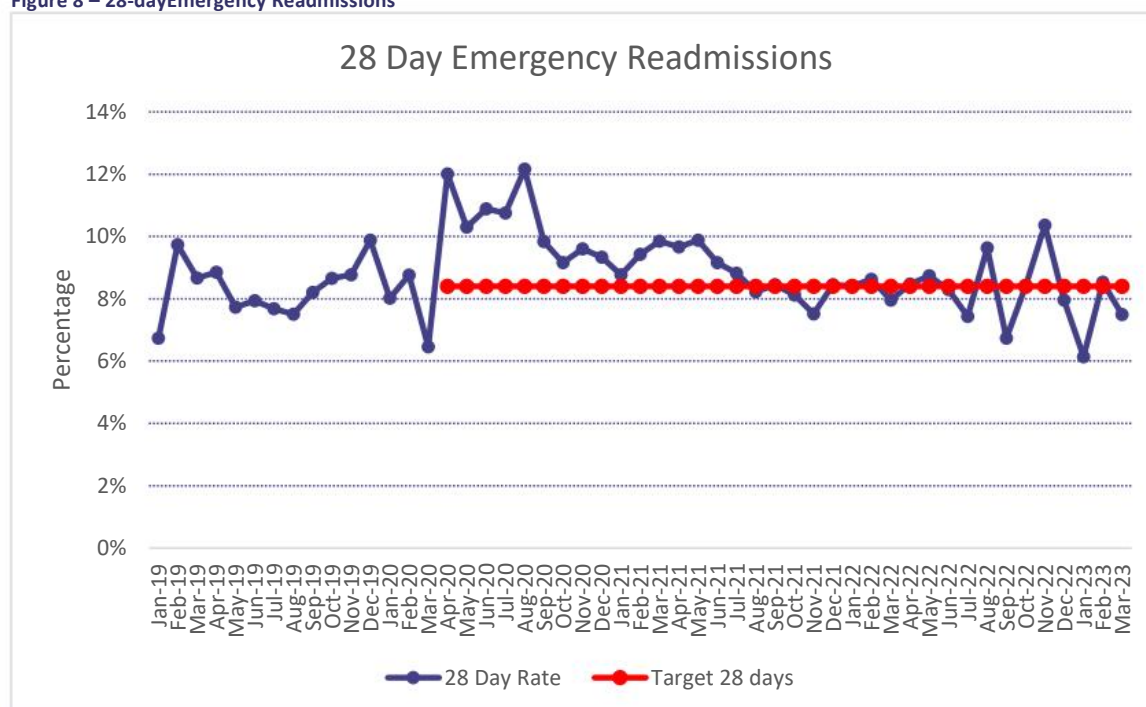
Trend Analysis

The 28-day re-admissions remain on target at **7.5%**, as does the 7-day re-admissions which have reduced slightly to **3.6%**.

HR-01: PERCENTAGE OF EMERGENCY RE-ADMISSIONS TO HOSPITAL WITHIN 28 DAYS - MORAY PATIENTS

| | | | |
|--|--|----------------------------|---|
| Purpose | Re-admissions are often undesirable for patients and have also been shown to be associated with the quality of care provided to patients at several stages along the clinical pathway, including during initial hospital stays, transitional care services and post-discharge support. (This measure lags by a month due to the time required for a potential 28 day discharge to occur) | | |
| Strategic Priority | 1: BUILDING RESILIENCE | Linked Indicator(s) | HR-02 , AE-01 |
| National Health & Wellbeing Outcome | 1, 2, 3, 5 | | |

Figure 8 – 28-day Emergency Readmissions



Indicator Trend – Stable

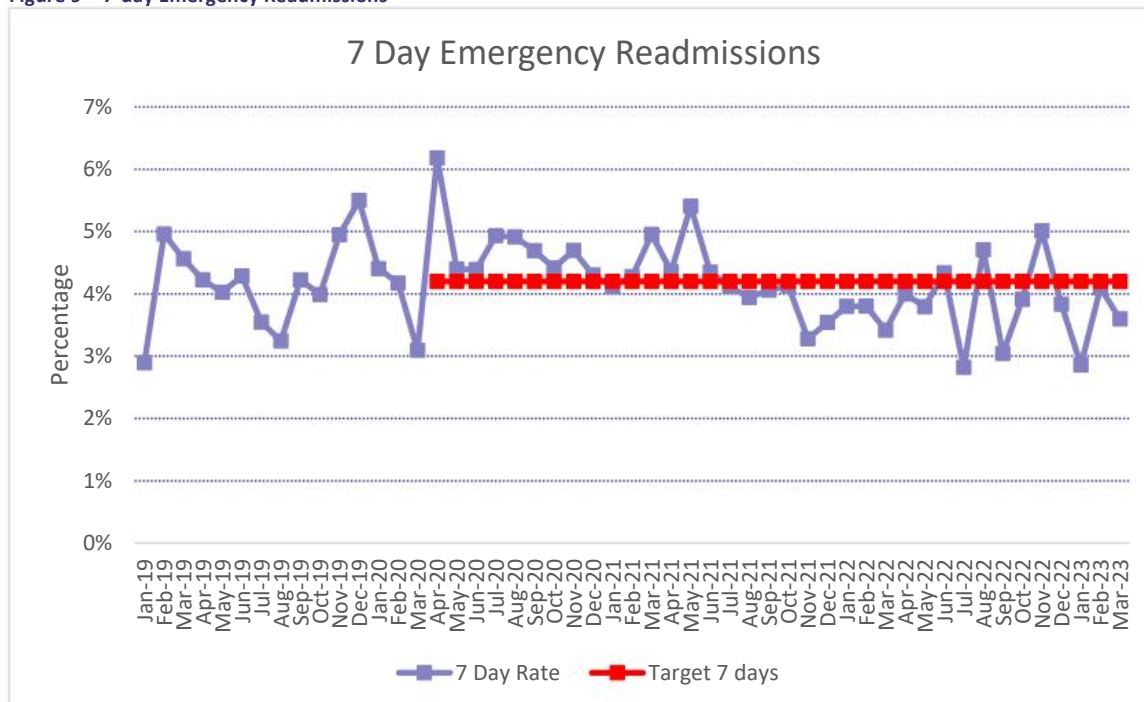
28-day Hospital Re-admissions have remained around the target of 8.4% for this quarter.

| | |
|---------------|---------------------|
| Source | Health Intelligence |
|---------------|---------------------|

HR-02: PERCENTAGE OF EMERGENCY RE-ADMISSIONS TO HOSPITAL WITHIN 7 DAYS - MORAY PATIENTS

| | | | |
|--|--|----------------------------|---|
| Purpose | Re-admissions are often undesirable for patients and have also been shown to be associated with the quality of care provided to patients at several stages along the clinical pathway, including during initial hospital stays, transitional care services and post-discharge support. | | |
| Strategic Priority | 1: BUILDING RESILIENCE | Linked Indicator(s) | HR-01 , AE-01 |
| National Health & Wellbeing Outcome | 1, 2, 3, 5 | | |

Figure 9 – 7-day Emergency Readmissions



Indicator Trend – Stable

7-day Hospital Re-admissions have remained around the target of 4.2% for this quarter.

| | |
|---------------|---------------------|
| Source | Health Intelligence |
|---------------|---------------------|

6. MENTAL HEALTH – RED

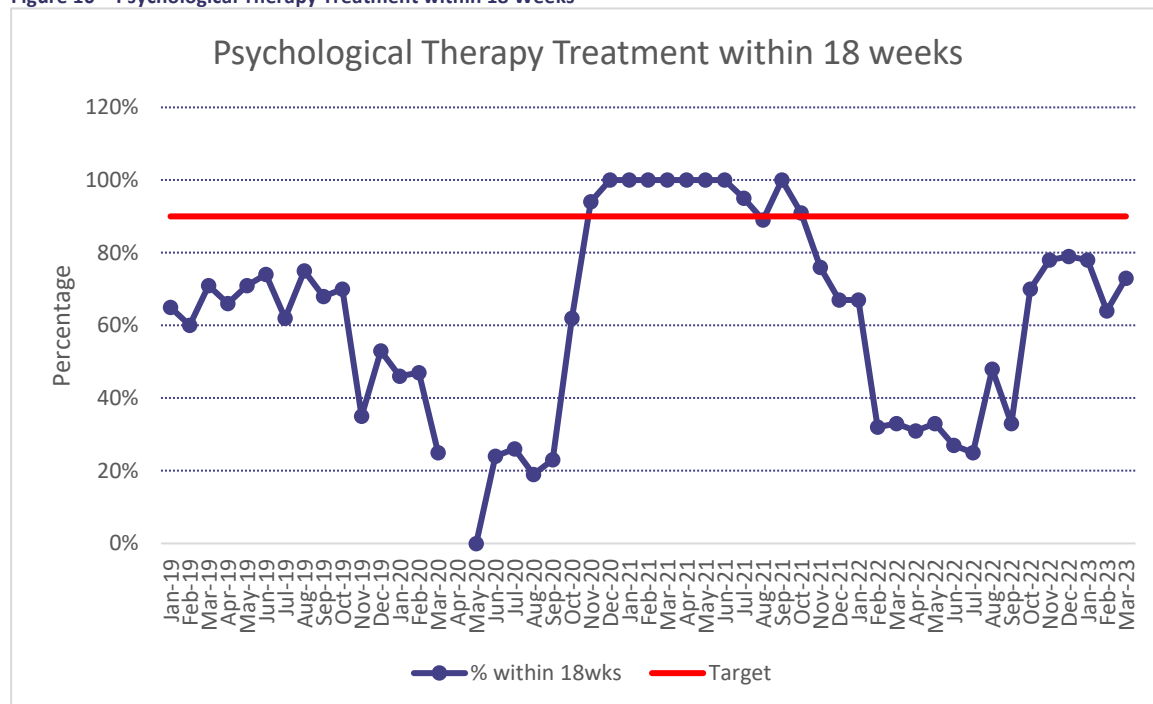
Trend Analysis

After achieving **79%** in quarter 3 there has been slight reduction in performance during this quarter with **73%** of patients being referred within 18 weeks at the end of quarter 4.

MH-01: PERCENTAGE OF PATIENTS COMMENCING PSYCHOLOGICAL THERAPY TREATMENT WITHIN 18 WEEKS OF REFERRAL

| | | | |
|--|--|----------------------------|--|
| Purpose | Timely access to healthcare is a key measure of quality and that applies equally in respect of access to mental health services. | | |
| Strategic Priority | 3: PARTNERS IN CARE | Linked Indicator(s) | |
| National Health & Wellbeing Outcome | 1, 2, 3, 5 | | |

Figure 10 – Psychological Therapy Treatment within 18 Weeks



Indicator Trend – Increasing

After being consistently low for 4 quarters the rate has started to return to pre pandemic levels.

| | |
|---------------|---------------------|
| Source | Health Intelligence |
|---------------|---------------------|

7. STAFF MANAGEMENT - RED

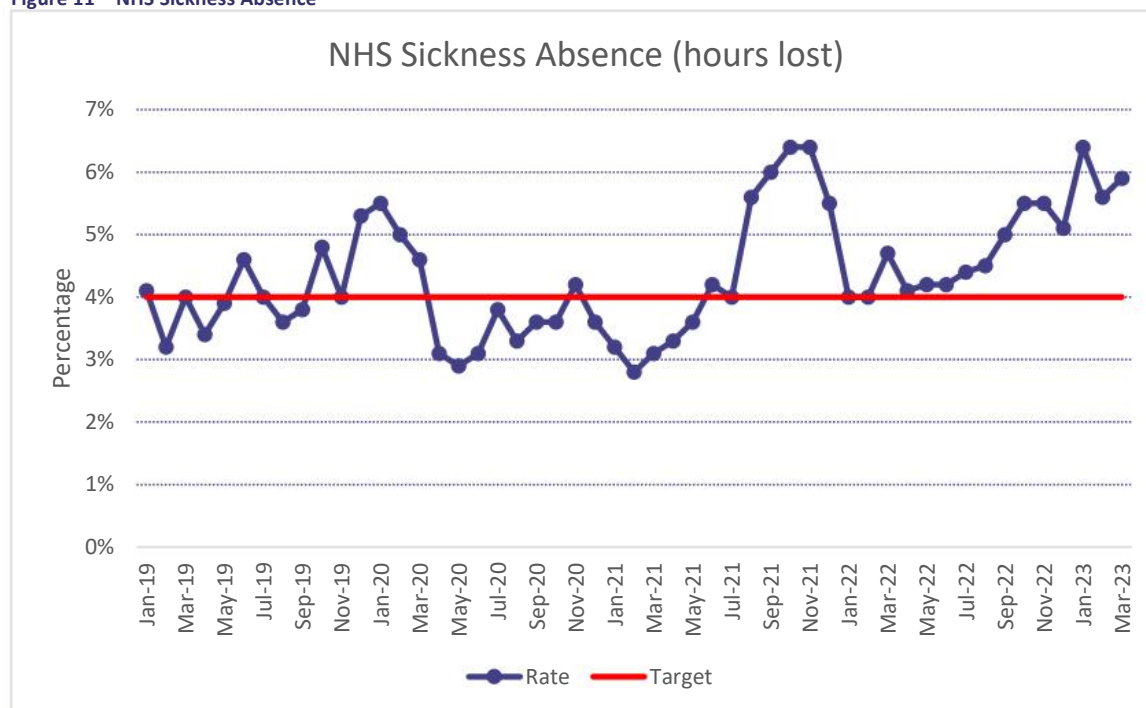
Trend Analysis

Sickness absence for NHS employed staff rose to 6.4 during quarter 3, but has since reduced and for the first 2 months of quarter 1 is at **4.2%**. This may indicate that staffing absence is back to pre-pandemic levels for NHS employed staff. However, Council employed staff sickness has remained high with a minimal reduction from **8.98%** to **8.87%**, which is above the figure for the same period in the previous 2 years.

SM-01: NHS SICKNESS ABSENCE % OF HOURS LOST

| | | | | | | | |
|-------------------------------------|---|----------|---------------------|----------|-----------------------|----------|----------|
| Purpose | Attendance at work of all employees is essential in the interests of the effective and efficient operation of services. | | | | | | |
| Strategic Priority | 1: BUILDING RESILIENCE | | Linked Indicator(s) | | SM-02 | | |
| National Health & Wellbeing Outcome | | | 8 | | | | |
| | Target +10%) | Q3 21/22 | Q4 21/22 | Q1 22/23 | Q2 22/23 | Q3 22/23 | Q4 22/23 |
| | 4% | 5.5% | 4.7% | 4.2% | 5.0% | 5.1% | 5.9% |

Figure 11 – NHS Sickness Absence



Indicator Trend – Increasing

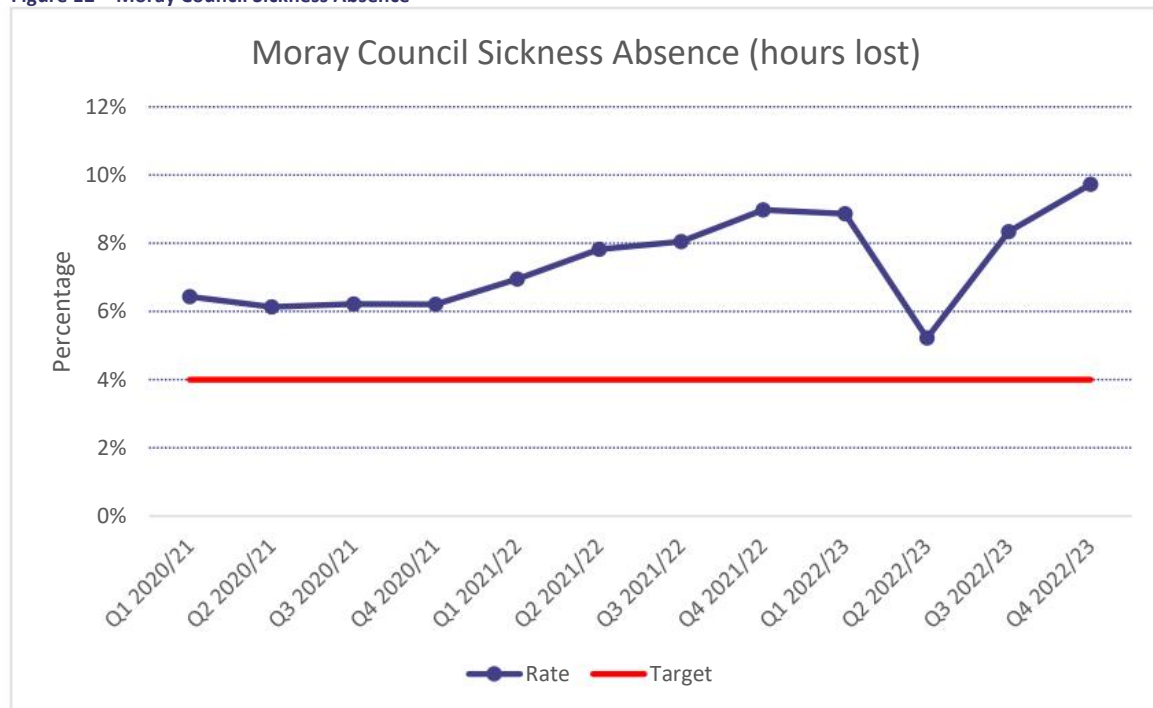
This indicator had been increasing over 2022/23 and continues to do so.

Source Health Intelligence

SM-02: COUNCIL SICKNESS ABSENCE (% OF CALENDAR DAYS LOST)

| | | | | | | |
|-------------------------------------|---|----------|---------------------|-----------------------|----------|----------|
| Purpose | Attendance at work of all employees is essential in the interests of the effective and efficient operation of services. | | | | | |
| Strategic Priority | 1: BUILDING RESILIENCE | | Linked Indicator(s) | SM-01 | | |
| National Health & Wellbeing Outcome | | | 1, 2, 3, 5 | | | |
| Target | Q3 21/22 | Q4 21/22 | Q1 22/23 | Q2 22/23 | Q3 22/23 | Q4 22/23 |
| 4% | 8.05% | 8.98% | 8.87% | 5.22% | 8.34% | 9.73% |

Figure 12 – Moray Council Sickness Absence



Indicator Trend – Increasing

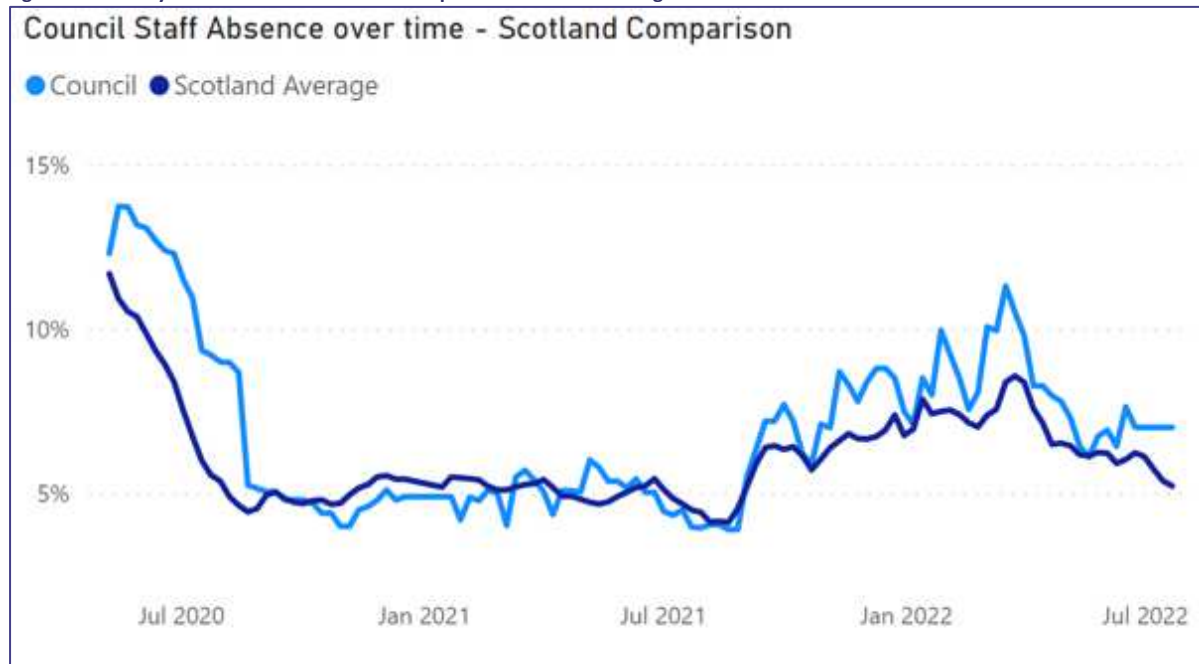
This indicator continues to rise, remaining double the target and close to the figure of 10%.

Source Council HR

COUNCIL STAFF ABSENCE OVER TIME – SCOTLAND COMPARISON

Chart provided by the Improvement Service using data from the from weekly SOLACE council returns. This update captures data from the week ending 22 July 2022. Moray remains above the Scottish average.

Figure 13 – Moray Council Sickness Absence Compared to National Average



APPENDIX 1: KEY AND DATA DEFINITIONS

RAG SCORING CRITERIA

| | |
|--------------|--|
| GREEN | If Moray is performing better than target. |
| AMBER | If Moray is performing worse than target but within specified tolerance. |
| RED | If Moray is performing worse than target but outside of specified tolerance. |

PEER GROUP DEFINITION

Moray is defined as being in Peer Group 2 in the Local Government Benchmarking Framework

| Family Group 1 | Family Group 2 | Family Group 3 | Family Group 4 |
|---|---|---|---|
| East Renfrewshire East Dunbartonshire Aberdeenshire Edinburgh, City of Perth & Kinross Aberdeen City Shetland Islands Orkney Islands | Moray Stirling East Lothian Angus Scottish Borders Highland Argyll & Bute Midlothian | Falkirk Dumfries & Galloway Fife South Ayrshire West Lothian South Lanarkshire Renfrewshire Clackmannanshire | Eilean Siar Dundee City East Ayrshire North Ayrshire North Lanarkshire Inverclyde West Dunbartonshire Glasgow City |

APPENDIX 2: STRATEGIC PRIORITIES

1. THE HEALTH AND SOCIAL CARE STRATEGY AT A GLANCE

WE ARE PARTNERS IN CARE

OUR VISION: “We come together as equal and valued partners in care to achieve the best health and wellbeing possible for everyone in Moray throughout their lives.”

OUR VALUES: Dignity and respect; person-centred; care and compassion; safe, effective and responsive

OUTCOMES: Lives are healthier – People live more independently – Experiences of services are positive – Quality of life is improved – Health inequalities are reduced – Carers are supported – People are safe – The workforce continually improves – Resources are used effectively and efficiently

THEME 1: BUILDING RESILIENCE - Taking greater responsibility for our health and wellbeing

THEME 2: HOME FIRST - Being supported at home or in a homely setting as far as possible

THEME 3: PARTNERS IN CARE - Making choices and taking control over decisions affecting our care and support

TRANSFORMATION (DELIVERY) PLAN supported by enablers:

Medium Term Financial Plan

Performance Framework

Locality Plans

Existing strategies

Infrastructure Planning

Housing Contribution

Organisational Development and Workforce Plan

Communication & Engagement Framework

APPENDIX 3: NATIONAL HEALTH AND WELLBEING OUTCOMES

1 - PEOPLE ARE ABLE TO LOOK AFTER AND IMPROVE THEIR OWN HEALTH AND WELLBEING AND LIVE IN GOOD HEALTH FOR LONGER.

2 - PEOPLE, INCLUDING THOSE WITH DISABILITIES OR LONG-TERM CONDITIONS, OR WHO ARE FRAIL; ARE ABLE TO LIVE, AS FAR AS REASONABLY PRACTICABLE, INDEPENDENTLY AT HOME, OR IN A HOMELY SETTING IN THEIR COMMUNITY.

3 - PEOPLE WHO USE HEALTH AND SOCIAL CARE SERVICES HAVE POSITIVE EXPERIENCES OF THOSE SERVICES, AND HAVE THEIR DIGNITY RESPECTED.

4 - HEALTH AND SOCIAL CARE SERVICES ARE CENTRED ON HELPING TO MAINTAIN OR IMPROVE THE QUALITY OF LIFE OF PEOPLE WHO USE THOSE SERVICES.

5 - HEALTH AND SOCIAL CARE SERVICES CONTRIBUTE TO REDUCING HEALTH INEQUALITIES.

6 - PEOPLE WHO PROVIDE UNPAID CARE ARE SUPPORTED TO LOOK AFTER THEIR OWN HEALTH AND WELLBEING, INCLUDING TO REDUCE ANY NEGATIVE IMPACT OF THEIR CARING ROLE ON THEIR OWN HEALTH AND WELLBEING.

7 - PEOPLE USING HEALTH AND SOCIAL CARE SERVICES ARE SAFE FROM HARM.

8 - PEOPLE WHO WORK IN HEALTH AND SOCIAL CARE SERVICES FEEL ENGAGED WITH THE WORK THEY DO AND ARE SUPPORTED TO CONTINUOUSLY IMPROVE THE INFORMATION, SUPPORT, CARE, AND TREATMENT THEY PROVIDE.

9 - RESOURCES ARE USED EFFECTIVELY AND EFFICIENTLY IN THE PROVISION OF HEALTH AND SOCIAL CARE SERVICES.